

DIRTY WEEKEND - RULES, REGULATIONS AND RESPONSIBILITIES

The goal of the Dirty Weekend is for you to complete as many laps as possible of the course in the specified time. **ONLY LAPS COMPLETED BEFORE THE 2PM CUT OFF TIME WILL BE COUNTED IN FINAL RESULTS.** As the clock counts down to 24 / 12 / 6 / 3 hours, riders need to be strategic in deciding if they can complete a final lap before 2pm OR 6pm Saturday for the 3Hr E-MTB challenge.

The first session for 12 Hour riders finishes at 8pm Saturday 24 April. Any lap started before 8pm will count in final results. The second session for 12 Hour riders finishes with **ALL OTHER RIDERS** at 2pm Sunday 25 April. **The track shuts down at 2.30pm**

The emphasis of the event is upon teamwork, endurance and above all to have fun. 24 Hour events are not typical of other MTB events. The spirit of this event is one of good fun and helping others to complete their nominated race category. The Dirty Weekend rules have been designed to reward good sportsmanship and penalise entrants who stray from this spirit.

24 Hour & 12 Hour events

If you're riding 24 or 12 Hours you must sign in at the Registration desk and receive your number plate between 11am & 1.30pm Saturday 24 April – you must also be present in the Dirty Weekend Village for the Participant Briefing 1:30pm – 1.55pm Saturday.

6 Hour event

If you're riding 6 Hours you must sign in at the Registration desk and receive your number plate between 6:00am and 7:30am Sunday 25 April. You must also be present in the Event Village for the Participant Briefing 7:30am – 7.55am Sunday.

Dirty Espresso 3 hour E-MTB Challenge

If you're riding the 3 Hour E-MTB challenge you must sign in at the Registration desk and receive your number plate between 11am & 2.30pm Saturday 24 April – you must also be present in the Dirty Weekend Village for the Participant Briefing 2:30pm – 2.55pm Saturday.

Riders should come to the briefing race-ready (individuals and team-members first on the track) as the start will take place very soon after. **ALL** team members must attend their respective briefing. Riders cannot enter the track without having attended a briefing. Team members who by prior arrangement with Bike SA join the team after the start must still Register and receive an individual rider briefing.

Things you **MUST do:**

- HAVE FUN!
- Only one rider from each team is allowed to ride at any one time.
- Your number plate must be clearly visible on the front of your bicycle at all times.
- Wear an AS/NZS 2063 Australian standard bicycle helmet at all times when riding (including riding in / around the Prospect Hill site, not just on the track. Penalties will apply).
- Ride slowly through the Lap Recording Zone and Transition Zone.
- Observe and comply with all instructions and directions from Bike SA event personnel.
- Comply with any instruction from Bike SA event personnel or medical personnel to cease riding immediately; to cease riding at the completion of the current lap or to rest until it is deemed appropriate for you to return to riding in the event.
- Only overtake when there is space to do so without affecting the progress of other riders.
- When overtaking other riders, call out clearly to other riders that you are approaching and wish to pass on the left or right by calling out "Track right" or "Track left", or alternatively "Passing right" or "Passing left".
- If you are riding slower than approaching riders be considerate of their needs and move over to the left when the track is wide enough to do so.
- Report any accidents or hazards to event personnel as soon as practical.
- You must have adequate front and rear lights on your bicycle between 5:00pm Saturday and 7:00am Sunday (See the Lighting section)
- Display good track etiquette.
- Help others enjoy their weekend and cheer them on!

Things you MUST NOT do:

- Fold, scratch or damage the timing transponders on the back of your number plates.
- Cut corners or diverge from the course.
- Hinder other riders or teams.
- Ride the course in the wrong direction.
- Ride without appropriate lighting or cycling equipment (See the Lighting section)
- Ride with the assistance of a motor or other outside assistance.
- **E-bikes are NOT PERMITTED in any of the 24hr, 12hr or 6hr categories.**
- You cannot be pushed, pulled, propelled or otherwise assisted while riding the track.
- Ride while under the influence of alcohol or other drugs. Random breath testing may be applied. While riding on the course you must have a zero blood alcohol level, without exceptions. Alcohol consumption will be monitored and penalties apply for breaching this rule.
- Ride in a manner that endangers yourself or others.
- Fail to comply with the instructions of authorised event personnel.
- Borrow, take or use another rider's / team's equipment without the owner's consent.
- Alter the course, signs or event equipment unless instructed to do so by event personnel.
- Deliberately adversely affect other teams or their equipment.

Dirty Espresso 3hr E-MTB Challenge – Rule and Regulations

- E-mountain bikes must comply with South Australian standard relevant to "Pedelec power assisted bicycles" i.e. maximum 250w power output using pedal-assist system only.
[View SA Compliance Details Here](#)
- Competitors are allowed to use ONE BATTERY ONLY for the event. It is not permitted to carry a spare battery or change batteries during the event.
- Riders should ensure that their battery is fully charged before the start
- Bikes with a separate throttle control are NOT permitted.
- The manufacturer's e-bike factory speed limiter must not be tampered with.
- 25kmph is the max speed the bike is allowed to travel assisted by battery/motor.
- All sensors are not allowed to be repositioned or changed from manufacturer original position.
- Electronic settings relating to Wheel Circumference must not be tampered with.

Penalties are applied at the sole discretion of Bike SA, and will be notified during or after the event. Penalties may include lost laps, time penalties or, in extreme cases, disqualification from the event. Penalties may be applied to individuals or teams, as appropriate.

DIRTY WEEKEND ETIQUETTE

Overtaking a slower rider in racing conditions is equal part common sense and sometimes a little patience.

If you are a slower rider and you know it, try not to impede faster riders on the trail. At the same time, it is not productive to dive into the trees at the first sign of a competitor. Look for a safe place to make room, and do not be panicked into moving off in a dangerous place. As a competitor, it is important that you lose as little time as possible in the process. Riders who master the skills of passing (and being passed) will find it easier to stay in their riding rhythm.

If you think you are up to the speed of your pursuer and you are riding for position, you are not under any obligation to let anyone through. If you are being lapped, or riding in a different class, move aside safely and predictably as soon as the option presents itself, and let both yourself and the other rider get back to business.

If you are the one overtaking, tell the rider in front that you would like to pass when they get a chance. Call "Track right" or "Passing right!" (or left) nice and early, and give the rider some time to find a safe place to move over. Most riders will pull to the side for a moment to let you by, but this depends on their level of skill, and some riders will take longer to do so than others. That's racing. To try to push your way past without the cooperation of the rider in front is dangerous for both of you, and you are the most likely to go down if you make contact.

Nobody wants to crash. Only the stupid will try to block you but do not expect them to make heaps of room for you. Pick your moment and don't change your mind.

Sometimes you are just going to be stuck behind slower riders for a while. Again, that's racing! In endurance races like the Dirty Weekend, the lost time will rarely be significant in the overall scheme of the race, whereas a busted bike or injured limbs will certainly slow you down a lot more.

Mechanical breakdowns, repairs and assistance

You are responsible for ensuring your bike and equipment are in proper working order before and during the event. There isn't any point in you being fit if your bike isn't up to scratch. Check out the 'Is Your Bike As Fit as You Are?' download on the website.

Sharing tools, spare parts, bikes, equipment, plus giving help and advice, is encouraged. After all we're in this together! However unauthorized 'borrowing' of equipment will result in penalties, which will be increased if such actions hinder other competitors.

Only whole laps that have been completed can be counted so riders must only enter the Timing Zone to record these. Therefore, in the event of a mechanical breakdown during a lap you may either
A: Repair the problem on the spot (leave the track clear for other riders to pass) and then continue to the Timing Zone;

OR

B: Complete the lap by walking, running or riding (if possible) **ALONG THE ROUTE** to the Timing Zone so your completed lap is recorded and then proceed to the Transition Zone where you may repair the problem or change bike or rider; **YOUR LAP IN THIS CASE WILL BE COUNTED IF YOU STAY TO THE COURSE ALL THE WAY BACK TO THE TIMING ZONE.** If you don't continue and complete the course, but instead take a short-cut back to the Transition Zone, your lap will **NOT** be counted.

OR

C: Have a team member or support crew member bring you spares, equipment, tools or another bike. Team members and support crew may only ride, run or walk along the course in the same direction as entrants and must start from the Transition Zone. If you change your bike you must remember to attach your number to the new bike to have your lap counted. If you are then not able to continue riding, option B applies.

You can see that the above rules underline the importance of having your bike in perfect working order before you start the ride. Chains coming off and punctures may be expected, but breakdowns as the result of dodgy equipment or poor maintenance are really bad news if you want to earn a placing.

Experienced mechanics will be on site, providing neutral support. They will carry a limited range of gear, so make sure you bring any spares specific to your machine (see Mechanical Support).

Assistance

Solo riders and teams are encouraged to invite friends and families to provide assistance. In the spirit of the event, you're encouraged to assist other entrants. There aren't any rules to prevent the lending of equipment, repairing equipment, coaching, feeding and barracking for any other riders, subject to compliance with the other rules.

Lighting

Sunset on Saturday 24 April is at 5:41pm; sunrise on Sunday 25 April is at 6:47am.

All bicycles on the track must have front and rear lights attached and operating for any new laps begun from **5:00pm Saturday 24 April through until 7:00am Sunday 25 April**. All bicycles that are being ridden anywhere else on site must have front and rear lights attached between sunset and sunrise.

Lights being used on the track must have the following minimum qualities:

- Rear – At least one flashing red light that is visible from a distance of 100 metres.
- Front – At least one headlight affixed to the front of the bike or helmet that provides white light for safe and adequate vision throughout the entire course including more technical sections. If you are not experienced with night-time mountain biking, seek some advice in advance.

Battery Charging

All batteries to be used for lighting must be fully charged before the ride starts. We recommend that you fully charge all batteries prior to leaving home.

A dedicated charging table at the Dirty Weekend Village will be available from 11am Saturday.

It is your responsibility to label lighting equipment with your name and team name. Bike SA will not accept any liability for lighting equipment that is lost, damaged or stolen.

Unauthorised 'borrowing' of charging equipment, batteries or lights will result in penalties as stated under Dirty Weekend Rules and Responsibilities.

Cycling & Camping Equipment

Bikes – Bike SA recommends the use of a geared mountain bike (rigid, hard-tail or dual suspension), as terrain may be rough and undulating. You may use more than one bike and share bikes with other riders but YOUR number plate must always be fixed to whichever bike YOU ride through the Timing Zone. Only mountain bikes may be used to compete in any of the categories.

Helmets – You must wear a helmet meeting Australian/New Zealand Standards (AS/NZS 2063) at all times when riding. This includes riding around the campsite and event village. Riding anywhere in the Cudlee Creek region without a helmet risks time and / or lap penalties for you and / or your team.

Clothing – We recommend you have available a range of cycling clothing. Temperatures may vary significantly throughout the event. At least one change of cycling nicks / shorts, top and some wet weather clothing is strongly recommended. Bring some gloves, too. Warm and comfortable clothing is recommended for times when you are not riding. It can become very cool at night and the winds may be strong.

And please remember, you are responsible for your own camping gear. Secure your belongings and lock your bike when not in use. The Dirty Weekend site is very busy, with lots of people coming and going, including general public just there for the spectacle.

Weather

The average weather for nearby Lenswood for April;

- Mean maximum temperature 18.9C
- Mean minimum temperature 10.5C
- Mean 9am temperature 14.2
- Mean monthly rainfall 72mm
- Mean number of rainy days 7.3
- Mean daily sunshine 6.3 hours

And don't forget the potential wind-chill factor. Check out www.bom.gov.au for more information.

**** Amendments to the information above may be made prior to event day.