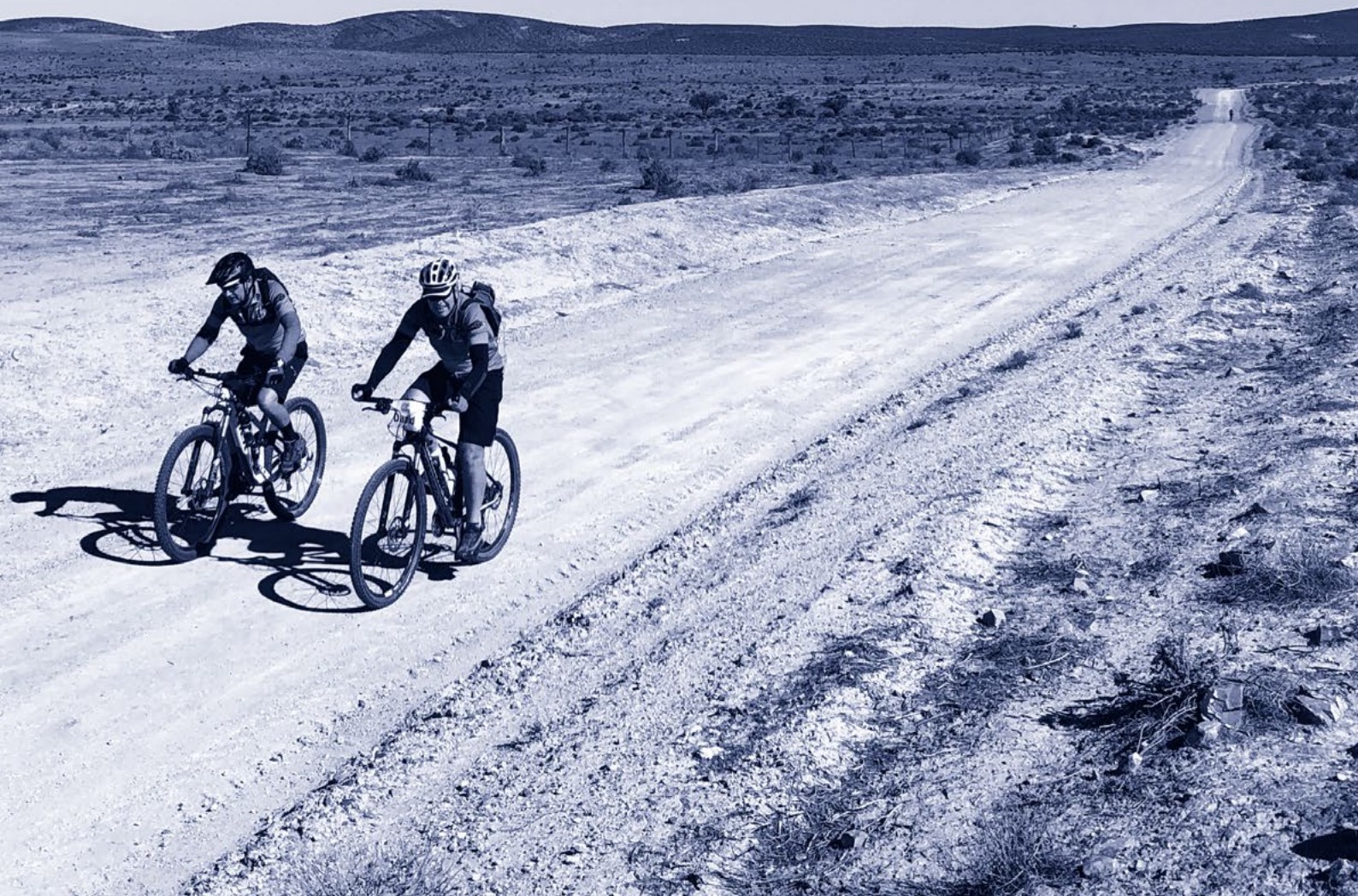


Bicycle SA

# RidesPROGRAMME

MARCH-MAY 2021  
ISSUE 77

- **FREE RIDES**
- **EVERY WEEK**
- **FOR EVERYONE!**



[www.bikesa.asn.au](http://www.bikesa.asn.au)



## Information

The rides are free of charge (unless indicated otherwise) and available to the general public. For a punctual start, please arrive 15 minutes prior to the scheduled starting time. Riders are encouraged to join Bicycle SA after three rides. Only Bicycle SA members are eligible to lead and coordinate rides. The ride leaders can be contacted for additional rides information. Each ride has been coded for your convenience and it is suggested that you choose the ride to suit your ability. Children under 16 shall be accompanied by a responsible adult. The *Rides Programme* is subject to change without notice.

## On Road Ride Codes

1	Up to 15km/h	A	Flat
2	15 to 18km/h	B	A few hills
3	18 to 20km/h	C	Hilly and steep
4	20 to 23km/h	D	Challenging
5	23 to 26km/h		
6	26+km/h		

## Mountain Bike Ride Codes

**Class 1 (MTB Beginner)** Limited off road experience. Obstacle free. Smooth fire tracks. Ride time 45 minutes. 10% gradient.  
**Class 2 (MTB Intermediate)** Fire Roads, 20–30km. Numerous obstacles, various rock jumps, drop offs, technical tracks.  
**Class 3 (MTB Experience)** Experienced riders, 30+km. Frequent single tracks, steep slopes, sand, drop offs, log jumps.

## What to Take on a Ride

Puncture kit	Pump	Water
Rain jacket	Money	Sun glasses
Spare tube	Sun screen	
Identification	Lights at night	

## Hot Weather Policy

Cancel non-fee paying rides, as listed in the *Rides Programme*, if the official forecast temperature on the day is 35°C or greater. Early morning and evening rides shall occur at the ride leaders and/or coordinators discretion. The hot weather policy does not apply to fee-paying events, which are managed within their own risk management protocols.

## Ride Group Coordinators

**30/30 Beach Streak**  
Daniel 0433 391 674

**All Women's Bike Rides**  
Lanie 0406 452 117

**Better Harts**  
Sharon 8723 0805  
sharonholmes@ozemail.com.au

**Bike Melrose**  
Kristen 0409 093 649

**Border BUG**  
Marcus 0407 978 763

**Broken Gadgets**  
Stu stu.clement@yahoo.com

**Cobwebs**  
cobwebsadelaide@yahoo.com.au

**Cogs & Coffee**  
Jane 0402 102 608

**'Cycle Salisbury'**  
Elaine 0422 393 997

**GAD-BUG  
(Goolwa and District Bicycle User Group)**  
Gavin 0468 909 397

**Gawler Wheelers**  
Ian 0448 111 384

**Getonyabike**  
Michele 0438 010 220

**Hills Ride**  
Rob 0428 990 059

**Kangaroo Island BUG**  
Manfred 8553 0383

**Mannum Peddle Wheelers**  
Terry 0427 319 004  
www.facebook.com/groups/  
mannumpedalwheelers or  
mannumpedalwheelers@groups.facebook.com

**Mishmash Cycling**  
Michele 0438 010 220

**Night Espresso**  
Rob 8299 0230

**Northern Off Road Riders**  
Mark 0490 340 167

**Northside Cycling Group**  
Gary 8255 1979

**Peninsula Pedallers**  
Raelene 8682 3196

**Poseurs d'Adelaide**  
Peter 0407 182 376  
Andrew 0419 817 749  
Doug 0419 813 479

**Ride with Keith**  
Andy 8232 7277

**Riverland Riders**  
Ruth 0427 752 815

**Saturday Express**  
Patsy 8379 6477

**Saturday Sojourn**  
Chris 0414 802 919

**Tuesday Traverse**  
Rick 0417 816 372

**Tuesday Treadlers**  
Tony 8388 4730

**Unley BUG**  
David 0411 268 582

**Wednesday Wheelers**  
Max 0405 191 995

## Advertisements

Bicycle SA takes no responsibility for any advertised ride/event/activity appearing in this programme that it has not organised.

# BECOME A BICYCLE SA MEMBER

**Bicycle SA was established in 1982. Since that time the organisation has grown and is now recognised as South Australia's peak body for cyclists. Bicycle SA is a non government, not-for-profit volunteer based organisation, staffed by a group of dedicated professionals.**

## 10 great reasons to join

1. Comprehensive personal accident insurance
2. Comprehensive public liability insurance
3. Discounted entry fee to all Bicycle SA events
4. Discounted registration fee to all Bicycle SA coaching and bike maintenance courses
5. Access to cycling information including our members only quarterly *Cycle! Magazine* and *Rides Programme*
6. Up to 10% discounts from supporting bicycle and outdoor stores – see contact list of stores
7. WIN great prizes at Bicycle SA's recreational events
8. Assistance and friendly advice on all aspects of cycling
9. Reduced subscription rates for *Bicycling Australia*
10. Free first interview and 10% discount from Andersons Solicitors on any legal matter.

## Become a Bicycle SA Member

There has never been a better time to become a member of Bicycle SA. Membership now includes personal accident cover worldwide, 24 hours a day, 7 days a week!\*

Bicycle SA offers more than just third party cover. Membership also includes protection for you AND your income. With public liability insurance, medical cover, rehabilitation and income protection, this is one of the best membership packages in Australia. Individual membership from \$80 with household and concession rates available.

## Contact us to join now.

\* Conditions apply. Visit [www.bikesa.asn.au](http://www.bikesa.asn.au) for full details.



# BICYCLE SA – COVID-19 NOTICE

Our *Rides Programme* is a state-wide free ride programme delivered by our Ride Leaders. We have advised Ride groups that, at their discretion, they may cancel their rides while COVID-19 restrictions apply. We all have a responsibility for each other's health and safety by continuing to practice and encourage recommended hygiene protocols and social distancing.

**Please note:** Although this information is correct at the time of publishing, it may change at any time. The latest developments are available at the following websites:

[www.health.gov.au](http://www.health.gov.au) [www.sahealth.sa.gov.au/COVID2019](http://www.sahealth.sa.gov.au/COVID2019)  
or call the Coronavirus Health Information Line on 1800 020 0080.

## WELCOME

Each year, over 2,000 organised rides are delivered as part of Bicycle SA's free Rides Programme.

From Willunga to Gawler and Mt Gambier to the Eyre Peninsula all rides are delivered by our experienced rides leaders. Our *Rides Programme* is the most comprehensive in Australia – with an experience for everyone – and best of all they are FREE.

These rides are ideal for those who are getting back on the bike after a few years off or those taking it up for the first time. Each of the rides are coded with a degree of difficulty so you know exactly what to expect. But if you're not quite sure, you can call any of our rides leaders and have a chat with them.

The Rides Programme is also available on our website, [www.bikesa.asn.au](http://www.bikesa.asn.au)

All are welcome, so get involved and go for a ride.

## BICYCLE SA

Phone + 61 8 8168 9999

[www.bikesa.asn.au](http://www.bikesa.asn.au)

[office@bikesa.asn.au](mailto:office@bikesa.asn.au)

11a Croydon Road  
Keswick SA 5035

Office open 9am-5pm  
Monday-Friday

Emergency Phone  
0409 950 884

## MON 1 MAR

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

## TUE 2 MAR

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook. 1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Artyrea Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day! 30 km **1A** Raelene 0419 842 007  
Jim 0448 412 992

### Tuesday Traverse

9:30 AM, Kangarilla Oval, Kangarilla. Annual ride - Follow Fiona to farm and park cars. Adventure into and travel the beautiful tracks of Kuitpo to Prospect Hill and Meadows, have coffee. Then back to the farm for lunch provided. Best suited for competent riders with Hybrid and/or Mountain bikes. Please contact ride leader if attending. 40 km **2B** Fiona 8383 7199

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm. 50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Jennifer Bonham for a tour of Unley's significant trees followed by a tour of Unley Museum's exhibition 'Trees: Who Gives a Root'. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre, the Daily Moves programme and the Unley Museum. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David - david.sutton@live.com.au). Further details [unleybug1.wixsite.com/bug](http://unleybug1.wixsite.com/bug) 15 km **1A** David 0411 268 582

### Border BUG

6:00 PM, Apex Park, Woolshed Street Bordertown. Social ride on quiet roads. Ride returns to start point for a chat after. Lights required. 30 km **6A** Marcus 0407 978 763

### Night Espresso

7:00 PM, Hurtle Square Adelaide. An easier ride option for those wishing to join the Espresso 'night riders' Good lights essential. Coffee afterwards at a café. 40 km **4A** Rob 8299 0230

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café. 40 km Rob 8299 0230

## WED 3 MAR

### Mannum Peddle Wheelers

7:00 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook. [www.facebook.com/groups/mannumpedlewheelers](http://www.facebook.com/groups/mannumpedlewheelers) or [mannumpedlewheelers.weebly.com](http://mannumpedlewheelers.weebly.com) 50-80 km **4B** Terry 0427 319 004  
Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B. 30 km **1B** Gavin 0468 909 397

### Para Pedallers 'Cycle Salisbury'

8:30 AM, Salisbury Waterwheel Museum car park, 81 Commercial Rd, Salisbury (opposite Parabanks). Easy ride along local trails and/or local roads, as decided by the group on the day. Coffee afterwards. MTB/hybrid bikes preferred. 25-35 km **1A-2A** Elaine 0422 393 997

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide. 20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details. 50 km **3C** Max 0405 191 955  
**3B** Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2-3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or [www.peninsulapedallers.com.au](http://www.peninsulapedallers.com.au) Clayton 0447 821 175

## THU 4 MAR

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards. 30 km **6A** Daniel 0433 391 674

### Border BUG

6:00 PM, Apex Park, Woolshed Street, Bordertown. Social ride on quiet roads. Ride returns to start point for a chat after. Lights required. 30 km **6A** Marcus 0407 978 763

## FRI 5 MAR

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm. 50 km **3B** Gavin 0468 909 397

### Broken Gadgets

Adelaide Cup Weekend – Laura. Friday 5 – Monday 8 March 2021. A variety of (mostly gravel) rides are planned and will be guided/directed by locals. Some social events are shaping up (dependent on any restrictions prevalent) with more to follow. See Cycle magazine for more details. Further information/discussion contact Stu Clement [stu.clement@yahoo.com](mailto:stu.clement@yahoo.com) or 0439 311 294)

## SAT 6 MAR

### Bike Melrose

6:30 AM, Over the Edge Shop, Melrose. Two ride options - 6:30 am start for the road riders and 7:30 am for the gravel grinders. Meet afterwards at Over the Edge Shop for a coffee and a chat. Further information – Bike Melrose Facebook page. 20-55 km Kristen 0409 093 649

### Mannum Peddle Wheelers

7:00 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Youngusband Store. Return to Mannum for coffee/breakfast and a chat at Picklemees Grandma's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook. [www.facebook.com/groups/mannumpedlewheelers](http://www.facebook.com/groups/mannumpedlewheelers) or [mannumpedlewheelers.weebly.com](http://mannumpedlewheelers.weebly.com) 35 km **2B-4B** Terry 0427 319 004  
Wally 0428 592 282

## Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7.30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook: Gawler Wheelers Cycling Group Ian 0448 111 384

## Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride. 35-50 km **6B** Ruth 0427 752 815

## Cobwebs

8:00 AM, Western side of the car park, Wigley Reserve, Glenelg, near the historic tram. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel. cobwebsadelaide@yahoo.com.au 54 km **6A**

## Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride. 40-60 km **3B** and **5C** Michele 0438 010 220

## Peninsula Pedallers

8:30 AM, Artereyra Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

## Cycle Unley Heritage Tour

9:00 AM, Unley Civic Centre, 181 Unley Rd, Unley. (meet in car park off Oxford St). Cycling in Historic Unley. A leisurely ride for those interested in the historic areas in the City of Unley. Suitable for all ages; families encouraged. Rides are planned for the first Saturday of the month. For those interested we will have coffee at La Scala Cafe, at the conclusion of the ride, around 10:30 am. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David: david.sutton@live.com.au). Further details unleybug1.wixsite.com/bug 10 km **1A** David 0411 268 582

## Dry Creek Trailers 'Cycle Salisbury'

9:00 AM, BMX/Club/Skate Park car park, cnr Bridge Rd and South Tce, Pooraka. Beginners ride on good gravel trail, no traffic and great scenery. Coffee at Valley View shops. MTB bikes please. 15 km **1A-3B** MTB Bryce 0432 732 540

## Para District Pedallers 'Cycle Salisbury'

9:00 AM, Greentree Park (Hausler Reserve) Kings Rd, Paralowie, (adjacent Little Para Trail). Ride along Little Para River Trail, St Kilda service road (dirt) and Tapa Martinthi Yala Shared Use Path. Coffee en route. Mountain/hybrid bikes please. 25-30 km **1A-2A** MTB Jim 0401 984 767

## All Women's Bike Rides

9:30 AM, Cycle On' 2/19 Albyn Tce, Strathalbyn. An all women's social bike ride with coffee afterwards. Various start locations Contact Lanie for details. 20 km **2B** Lanie 0406 452 117

## Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9.30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off. 50 km **4B** Jane 0402 102 608 Richard 0419 033 140

## Saturday Sojourn

10:00 AM, Torrens Weir, War Memorial Drive, North Adelaide. Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details. 25 km **2A** Chris 0414 802 919

## Saturday Express

1:00 PM, Japanese Gardens, Himeji Garden, 18 South Tce & Glen Osmond Rd, Adelaide. Café stop for afternoon tea. 40 km **3B** Hal 0427 084 097

## Broken Gadgets

The Broken Gadgets rides occur 2 or 3 times a month at different locations throughout the Adelaide Hills. Rides vary considerably in terrain (sometimes predominately single track adventures, sometimes predominately gravel road tours), duration (from 1.5 riding hours to all-day expeditions) and demeanour (sometimes leisurely and sometimes at least at intermediate-level speeds). BYO nibbles, water, lunch and spares accordingly. Contact Stu Clement at stu.clement@yahoo.com for details.

## SUN 7 MAR

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end. 60-80 km **5B** Peter 0407 182 376 Andrew 0419 817 749 Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards. 30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards. 40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Oaklands Park. Oaklands Estate Reserve, 31 The Parade. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads. 50 km **2C** Judith 8298 3131

### Peninsula Pedallers

9:00 AM, Artereyra Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

### Bike Melrose

5:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page. Richard 0417 341 462

## MON 8 MAR

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

## TUE 9 MAR

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook. 1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Artereyra Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day! 30 km **1A** Raelene 0419 842 007 Jim 0448 412 992

### Tuesday Trailhans

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm. 50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Torrens Weir, War Memorial Drive, North Adelaide. Flat ride to Grange then Henley Beach for lunch via Woodville. Back to Nice 'N' Tasty via River Torrens for coffee. BYO lunch. 40 km **2B** Rick 0417 816 372

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check (David - david.sutton@live.com.au) Further details unleybug1.wixsite.com/bug 15 km **1A** David 0411 268 582

### Border BUG

6:00 PM, Apex Park, Woolshed Street Bordertown. Social ride on quiet roads. Ride returns to start point for a chat after. Lights required. 30 km **6A** Marcus 0407 978 763

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café. 40 km Rob 8299 0230

## WED 10 MAR

### Mannum Peddle Wheelers

7:00 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook. www.facebook.com/groups/mannumpedlewheelers or mannumpedlewheelers.weebly.com 50-80 km **4B** Terry 0427 319 004 Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B. 30 km **1B** Gavin 0468 909 397

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide. 20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details. 50 km **3C** Max 0405 191 955 **3B** Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or www.peninsulapedallers.com.au Clayton 0447 821 175

## THU 11 MAR

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards. 30 km **6A** Daniel 0433 391 674

### Border BUG

6:00 PM, Apex Park, Woolshed Street, Bordertown. Social ride on quiet roads. Ride returns to start point for a chat after. Lights required. 30 km **6A** Marcus 0407 978 763

## FRI 12 MAR

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm. 50 km **3B** Gavin 0468 909 397

## SAT 13 MAR

ADVERTISEMENT

### Audax

**Corkscrew Climber**  
Saturday 13 March 2021  
7:00 AM

**Start - Rundle St, Adelaide**  
204km

**Unsupported**

Starting at Schnit House, 260 Rundle St, Adelaide, head up the Gorge Rd and turn right into Corkscrew Rd, climb the Corkscrew and several other climbs.

**Entry fee applies**

Glen Thompson 0429 168 232  
gthomps5@adam.com.au

### Mannum Peddle Wheelers

7:00 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Younghusband Store. Return to Mannum for coffee/breakfast and a chat at Picklemees Grandma's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook [www.facebook.com/groups/mannumpedlewheelers](http://www.facebook.com/groups/mannumpedlewheelers) or [mannumpedlewheelers.weebly.com](http://mannumpedlewheelers.weebly.com) 35 km **2B-4B** Terry 0427 319 004 Wally 0428 592 282

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only) Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group  
Ian 0448 111 384

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride. 35-50 km **6B** Ruth 0427 752 815

### Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel. [cobwebsadelaide@yahoo.com.au](mailto:cobwebsadelaide@yahoo.com.au) 54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride. 40-60 km **3B** and **5C** Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Arteyrea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

### Northern Off Road Riders

8:50 AM, Brick Works Markets, cnr. South Rd. and Ashwin Parade, Torrensville. Meet in the car park by the car wash. Single track ride up and down the Torrens Linear Park. Coffee/refreshment stop along the way. Mountain bikes only. Be ready to roll at 9:00 am. 20-25 km **2B-3B** Mark 0490 340 167

### Para Cruizers 'Cycle Salisbury'

9:00 AM, Salisbury Water Wheel, 81 Commercial Rd, Salisbury. (toilets available) Follow the Para Trail to the Old Spot then onto Cobblers Creek ruins. From here we pick up the Dry Creek Trail at Wynn Vale and follow back via Mawson Lakes. Coffee planned at the Water Shed. Suitable for MTB and hybrid bikes. 35 km **2B** Des 0408 086 545

### Salisbury Cruizers 'Cycle Salisbury'

9:00 AM, Shelter, Carisbrooke Park, Main North Road, Salisbury Park. Ride along Little Para Trail to Pt Wakefield Road & return and/or local roads as decided by the group on the day. Mountain bikes preferred, beginners welcome. 20 km **MTB Class 2** Steve 0411 715 116

### All Women's Bike Rides

9:30 AM, Cycle On' 2/19 Albyn Tce, Strathalbyn. An all Women's Bike Ride aimed to help build confidence for ladies of all ages. Suitable for the beginner or women wanting to get back into cycling on a casual and social level. Buy coffee afterwards. 15 km **2B** Lanie 0406 452 117

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off. 50 km **4B** Jane 0402 102 608 Richard 0419 033 140

### Saturday Sojourn

10:00 AM, Wigley Reserve, Adelphi Tce, Glenelg. Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details. 25 km **2A** Chris 0414 802 919

### Saturday Express

1:00 PM, Torrens Weir, War Memorial Drive, North Adelaide. Café stop for afternoon tea. 40 km **3B** Bob 0409 091 183

## SUN 14 MAR

### Coast to Coast

**Sunday 14 March 2021**  
**Glenelg to Victor Harbor**  
**Start/time/distance options:**  
**Glenelg - 120km - 7.30am start**  
**Stirling - 95 km - 8.00am start**  
**Meadows - 65km - 8.00am start**  
**Mini Coast to Coast - 10km/20km 10.00am start**

One of the biggest and most beautiful rides you'll get your wheels into.

**Entry fee applies**  
**Bicycle SA office +61 8168 9999**  
**office@bikesa.asn.au**  
**www.bikesa.asn.au/coast2coast**  
**www.bikesa.asn.au**

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end. 60-80 km **5B** Peter 0407 182 376 Andrew 0419 817 749 Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards. 30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards. 40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Gumeracha. Federation Park, Albert St, Gumeracha. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads. 50 km **2C** Steve 0401 603 596

### Peninsula Pedallers

9:00 AM, Arteyrea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

### Bike Melrose

5:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page. Richard 0417 341 462

## MON 15 MAR

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

## TUE 16 MAR

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook. 1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Arteyrea Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day! 30 km **1A** Raelene 0419 842 007 Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm. 50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Noarlunga Railway Station. Ride around McLaren Vale, Moana. Coffee at Beck's Bakery, Port Noarlunga. BYO lunch 40 km **2B** Peter 0418 844 963

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David - david.sutton@live.com.au) Further details [unleybug1.wixsite.com/bug](http://unleybug1.wixsite.com/bug) 15 km **1A** David 0411 268 582

### Border BUG

6:00 PM, Apex Park, Woolshed Street Bordertown. Social ride on quiet roads. Ride returns to start point for a chat after. Lights required. 30 km **6A** Marcus 0407 978 763

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café. 40 km Rob 8299 0230

## WED 17 MAR

### Mannum Peddle Wheelers

7:00 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook. [www.facebook.com/groups/mannumpedlewheelers](http://www.facebook.com/groups/mannumpedlewheelers) or [mannumpedlewheelers.weebly.com](http://mannumpedlewheelers.weebly.com) 50-80 km **4B** Terry 0427 319 004 Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B. 30 km **1B** Gavin 0468 909 397

### Para Pedallers 'Cycle Salisbury'

8:30 AM, Salisbury Waterwheel Museum car park, 81 Commercial Rd, Salisbury (opposite Parabanks). Easy ride along local trails and/or local roads, as decided by the group on the day. Coffee afterwards. MTB/hybrid bikes preferred. 25-35 km **1A-2A** Elaine 0422 393 997

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide. 20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details. 50 km **3C** Max 0405 191 955 **3B** Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or [www.peninsulapedallers.com.au](http://www.peninsulapedallers.com.au) Clayton 0447 821 175

## THU 18 MAR

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards. 30 km **6A** Daniel 0433 391 674

### Border BUG

6:00 PM, Apex Park, Woolshed Street, Bordertown. Social ride on quiet roads. Ride returns to start point for a chat after. Lights required. 30 km **6A** Marcus 0407 978 763



## FRI 19 MAR

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm. 50 km **3B** Gavin 0468 909 397

## SAT 20 MAR

### Bike Melrose

7:00 AM, Over the Edge Shop, Melrose. Two ride options - 6:30 am start for the road riders and 7:30 am for the gravel grinders. Meet afterwards at Over the Edge Shop for a coffee and a chat. Further information - Bike Melrose Facebook page. 20-55 km Kristen 0409 093 649

### Mannum Peddle Wheelers

7:00 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Younghusband Store. Return to Mannum for coffee/breakfast and a chat at Picklemees Grandma's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook [www.facebook.com/groups/mannumpedalwheelers](http://www.facebook.com/groups/mannumpedalwheelers) or [mannumpeddlewheelers.weebly.com](http://mannumpeddlewheelers.weebly.com) 35 km **2B-4B** Terry 0427 319 004 Wally 0428 592 282

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group [lan.0448.111.384](http://lan.0448.111.384)

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride. 35-50 km **6B** Ruth 0427 752 815

### Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel. [cobwebsadelaide@yahoo.com.au](mailto:cobwebsadelaide@yahoo.com.au) 54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride. 40-60 km **3B** and **5C** Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Arteyrea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

### Dry Creek Trailers 'Cycle Salisbury'

9:00 AM, BMX/Club/Skate Park car park, cnr Bridge Rd and South Tce, Pooraka. Beginners ride on good gravel trail, no traffic and great scenery. Coffee at Valley View shops. MTB bikes please. 15 km **1A-3B** MTB Bryce 0432 732 540

### Para District Pedallers 'Cycle Salisbury'

9:00 AM, BMX Club/Skate Park, car park, cnr. Bridge Rd and south Tce, Pooraka. Ride along Levels bikeway and Linear Park to North Adelaide for coffee and return via same route. Suit any bike. 35 km **1A-3A** Elaine 0422 393 997

### All Women's Bike Rides

9:30 AM, Cycle On! 2/19 Albyn Tce, Strathalbyn. An all women's social bike ride with coffee afterwards. Various start locations Contact Lanie for details. 20 km **2B** Lanie 0406 452 117

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off. 50 km **4B** Jane 0402 102 608 Richard 0419 033 140

### Saturday Sojourn

10:00 AM, Velo Precinct, Grandstand, Fullarton Rd, Victoria Park. Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details. 25 km **2A** Chris 0414 802 919

### Saturday Express

1:00 PM, Henley Square, Henley Beach. Café stop for afternoon tea. 40 km **3B** Peter 0414 719 296

### Broken Gadgets

The Broken Gadgets rides occur 2 or 3 times a month at different locations throughout the Adelaide Hills. Rides vary considerably in terrain (sometimes predominately single track adventures, sometimes predominately gravel road tours), duration (from 1.5 riding hours to all-day expeditions) and demeanour (sometimes leisurely and sometimes at least at intermediate-level speeds). BYO nibbles, water, lunch and spares accordingly. Contact Stu Clement at [stu.clement@yahoo.com](mailto:stu.clement@yahoo.com) for details.

### ADVERTISEMENT

## MTB Orienteering

**Saturday 20 March 2021**  
**Victor Harbor (OASA event)**  
**Further details:**  
[www.sa.orienteering.asn.au](http://www.sa.orienteering.asn.au)

## SUN 21 MAR

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end. 60-80 km **5B** Peter 0407 182 376 Andrew 0419 817 749 Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards. 30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards. 40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Littlehampton. Anembo Park. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads. 50 km **2C** Rob 0428 990 059

### Peninsula Pedallers

9:00 AM, Arteyrea Hall, Mortlock Terrace, Port Lincoln. Mystery Ride. Please phone for details. Coffee afterwards. 40 km **4B** Jim 0448 412 992

### Semaphore Sojourn 'Cycle Salisbury'

9:00 AM, Car park, cnr. Davis St and Waterloo Cnr. Rd, Salisbury. Easy paced ride along Little Para Trail, Tapa Martinhi Yala Shared Use Path Port River Bikeway and some roads to Pt Adelaide or Semaphore for coffee/refreshments before returning to start via same route. Suitable for all types of bikes. **2A-4A** Nigel 0431 838 735

### Bike Melrose

5:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page. Richard 0417 341 462

## MON 22 MAR

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

## TUE 23 MAR

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike wont fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook. 1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Arteyrea Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day! 30 km **1A** Raelene 0419 842 007 Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm. 50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Brighton Railway Station. Tuesday Traverse 30th Birthday. Come and enjoy our birthday mystery ride. BYO lunch. 40 km **2B** Alan 0414 392 179

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves Programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David: david.sutton@live.com.au). Further details [unleybug1.wixsite.com/bug](http://unleybug1.wixsite.com/bug) 15 km **1A** David 0411 268 582

### Border BUG

6:00 PM, Apex Park, Woolshed Street Bordertown. Social ride on quiet roads. Ride returns to start point for a chat after. Lights required. 30 km **6A** Marcus 0407 978 763

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café. 40 km Rob 8299 0230

## WED 24 MAR

### Mannum Peddle Wheelers

7:00 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook. [www.facebook.com/groups/mannumpedalwheelers](http://www.facebook.com/groups/mannumpedalwheelers) or [mannumpeddlewheelers.weebly.com](http://mannumpeddlewheelers.weebly.com) 50-80 km **4B** Terry 0427 319 004 Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B. 30 km **1B** Gavin 0468 909 397

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide. 20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details. 50 km **3C** Max 0405 191 955 **3B** Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or [www.peninsulapedallers.com.au](http://www.peninsulapedallers.com.au) Clayton 0447 821 175

## THU 25 MAR

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards.  
30 km **6A** Daniel 0433 391 674

### Border BUG

6:00 PM, Apex Park, Woolshed Street, Bordertown. Social ride on quiet roads. Ride returns to start point for a chat after. Lights required.  
30 km **6A** Marcus 0407 978 763

## FRI 26 MAR

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm.  
50 km **3B** Gavin 0468 909 397

## SAT 27 MAR

### Mannum Peddle Wheelers

7:00 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Younghusband Store. Return to Mannum for coffee/breakfast and a chat at Picklemye Grandma's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook [www.facebook.com/groups/mannumpedlewheelers](http://www.facebook.com/groups/mannumpedlewheelers) or [mannumpedlewheelers.weebly.com](http://mannumpedlewheelers.weebly.com)  
35 km **2B-4B** Terry 0427 319 004  
Wally 0428 592 282

ADVERTISEMENT

## Audax

### Fleche Opperman All Day Trial

Saturday 27 March 2021

7:30 AM

Start - Anywhere

360km

Unsupported

360km in 24 hours. FOADT medallion available for all finishers. Teams of 3, 4 or 5 bikes. Each team chooses its own start point and course. A minimum of 360km must be ridden in 24hrs from 07:30 am Saturday morning. All rides finish at the same point.

Entry fee applies

David Fairweather 0401 528 563

[div.fw@bigpond.net.au](mailto:div.fw@bigpond.net.au)

ADVERTISEMENT

## Audax

### Fleche Opperman All Day Trial

Saturday 27 March 2021

7:30 AM

Start - Anywhere

180km

Unsupported

180km in 24 hours (max 14 hours ride time). Teams of 3, 4 or 5 bikes. Each team chooses its own start point and course. A minimum of 180km must be ridden in 24 hour period from 07:30 am Saturday morning. All rides finish at the same point.

Entry fee applies

David Fairweather 0401 528 563

[div.fw@bigpond.net.au](mailto:div.fw@bigpond.net.au)

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group.  
Ian 0448 111 384

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride.  
35-50 km **6B** Ruth 0427 752 815

### Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel.  
[cobwebsadelaide@yahoo.com.au](mailto:cobwebsadelaide@yahoo.com.au)  
54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride.  
40-60 km **3B** and **5C** Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Northern Off Road Riders

8:50 AM, Little Para Golf Club, 62 Martins Rd, Paralowie. Meet at bottom car park. Mainly off road ride along local tracks and trails in the Salisbury area. Ride route to be decided on the day along with coffee and refreshment stop. Mountain bikes only. Be ready to roll at 9:00 am.  
30-40 km **2B-3B** Mark 0490 340 167

### Para Cruizers 'Cycle Salisbury'

9:00 AM, Mile End Common, Victoria St, Mile End. Ride on mainly bike paths to Brighton for coffee and return. Suit any type of bike.  
35 km **2A** Brian 0408 818 993

### Salisbury Cruizers 'Cycle Salisbury'

9:00 AM, Shelter, Carisbrooke Park, Main North Road, Salisbury Park. Ride along Little Para Trail to Pt Wakefield Road and return and/or local roads as decided by the group on the day. Mountain bikes preferred, beginners welcome.  
20 km **MTB Class 2** Steve 0411 715 116

### All Women's Bike Rides

9:30 AM, Cycle On! 2/19 Albyn Tce, Strathalbyn. An all Women's Bike Ride aimed to help build confidence for ladies of all ages. Suitable for the beginner or women wanting to get back into cycling on a casual and social level. Buy coffee afterwards.  
15 km **2B** Lanie 0406 452 117

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off.  
50 km **4B** Jane 0402 102 608  
Richard 0419 033 140

### Kangaroo Island BUG

10:00AM, Start location and ride details to be advised.  
25-35 km Cheryl 0438 830 351

### Saturday Sojourn

10:00 AM, Pt Adelaide - Lighthouse, McLaren Parade, Pt Adelaide. Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details.  
25 km **2A** Chris 0414 802 919

### Saturday Express

1:00 PM, Conygham St, Glenside (near Dog Park). Café stop for afternoon tea.  
40 km **3B** Patsy 0439 332 533

## SUN 28 MAR

### Grand/Mini Slam

#### Recreational Bike Series of 5 rides

Sunday 28 March 2021

#### 8:00 AM Mt Torrens (Torrens Valley Football Club, Oval Rd, Mt Torrens)

The second event in the Grand/Mini Slam series of on road personal challenge recreational rides for 2021. Choose between 50 km or 100 km, with the opportunity to ride at your own pace. Morning and afternoon refreshments, freshly cut salad rolls, and fruit for lunch.  
**On road support**  
**Enter online or further details and/or entry forms available from:**  
**Bicycle SA office 8168 9999**  
[www.bikesa.asn.au](http://www.bikesa.asn.au)  
[rides@bikesa.asn.au](mailto:rides@bikesa.asn.au)

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end.  
60-80 km **5B** Peter 0407 182 376  
Andrew 0419 817 749  
Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards.  
30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards.  
40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Belair Railway Station, Sheok Rd, Belair. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads.  
50 km **2C** Neil 0429 201 144

### Peninsula Pedallers

9:00 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Salisbury Explorers 'Cycle Salisbury'

9:00 AM, Car park, cnr. Davis St and Waterloo Corner Rd, Salisbury. Beginners/easy ride along the path of the Little Para Trail.  
5-10 km **1A-2A** MTB Jim 0401 984 767

### Bike Melrose

5:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page.  
Richard 0417 341 462

### Better Harts

Mt Gambier. Rides to various locations and varying distances are organised during the month on an ad hoc basis, depending on who is interested, available, and riders' ability. We ride at the speed of the slowest rider. Our aim to get people to start riding and help them connect with other riders. If interested please contact Sharon Holmes on 8723 0805 or email [sharonholmes@ozemail.com.au](mailto:sharonholmes@ozemail.com.au)  
Sharon 8723 0805

ADVERTISEMENT

## MTB Orienteering

Sunday 28 March 2021

Belair National Park

Further details:

[www.sa.orienteeing.asn.au](http://www.sa.orienteeing.asn.au)

## MON 29 MAR

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

## TUE 30 MAR

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike wont fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook.  
1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day!  
30 km **1A** Raelene 0419 842 007  
Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm.  
50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Wambana, Port Turton 3 Day Riding Adventure around Southern York Peninsula (Monday 29th - Wednesday 31st March). In on Sunday 28/03/21 at 2:00pm out on Wednesday 31/3/21 by 10:00am. Accommodation has been organised. Weather permitting, rides organised for Monday/Tuesday/Wednesday. No road bikes. If attending please contact ride leader for further information about the accommodation and rides.  
40 km **2B** Graham 0448 833 947 and Judy 0401 000 641

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. A special event - see website for details once available.  
15 km **1A** David 0411 268 582

### Border BUG

6:00 PM, Apex Park, Woolshed Street Bordertown. Social ride on quiet roads. Ride returns to start point for a chat after. Lights required.  
30 km **6A** Marcus 0407 978 763

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café.  
40 km Rob 8299 0230



## WED 31 MAR

### Mannum Peddle Wheelers

7:00 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook.  
www.facebook.com/groups/mannumpedlewheelers or mannumpedlewheelers.weebly.com  
50-80 km **4B** Terry 0427 319 004  
Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B.  
30 km **1B** Gavin 0468 909 397

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide.  
20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details.  
50 km **3C** Max 0405 191 955  
**3B** Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2-3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and/or www.peninsulapedallers.com.au  
Clayton 0447 821 175

## THU 1 APR

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards.  
30 km **6A** Daniel 0433 391 674

## FRI 2 APR

### Burra Easter Cycle

2-5 April 2021

Burra, responsible for much of SA's early financial success due to its copper resources, is the location for the 2021 Easter Cycle.

The campsite will be located at the Moonta Football Club/Oval, within walking distance from the historic township.

There will be a variety of rides from a few kilometres to 100kms, including sections of the Mawson Trail.

A Heritage Passport available from the Tourist Office provides a key to at least 8 locked historic sites within the township and well worth exploring.

Whatever you choose to do, Burra will be the ideal location to spend this year's Easter weekend.

#### Entry fee applies

#### Special rates for family groups.

Children 5 and under - free of charge

Further details and/or enter online

Bicycle SA office +61 8168 9999

office@bikesa.asn.au

rides@bikesa.asn.au

www.bikesa.asn.au

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm.  
50 km **3B** Gavin 0468 909 397

## SAT 3 APR

### Bike Melrose

6:30 AM, Over the Edge Shop, Melrose. Two ride options - 6:30 am start for the road riders and 7:30 am for the gravel grinders. Meet afterwards at Over the Edge Shop for a coffee and a chat. Further information - Bike Melrose Facebook page.  
20-55 km Kristen 0409 093 649

### Mannum Peddle Wheelers

7:00 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Younghusband Store. Return to Mannum for coffee/breakfast and a chat at Pickleme Grandmother's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook  
www.facebook.com/groups/mannumpedlewheelers or mannumpedlewheelers.weebly.com  
35 km **2B-4B** Terry 0427 319 004  
Wally 0428 592 282

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group  
Ian 0448 111 384

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride.  
35-50 km **6B** Ruth 0427 752 815

### Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel.  
cobwebsadelaide@yahoo.com.au  
54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride.  
40-60 km **3B** and **5C**  
Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Arteyrea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Para District Pedallers 'Cycle Salisbury'

9:00 AM, Shelter Area, Carisbrooke Park, Main North Rd, Salisbury Park. Easy ride along the path of the Little Para Trail. Mountain/hybrid bikes please.  
25 km **1A-2A MTB** Jim 0401 984 767

### All Women's Bike Rides

9:30 AM, Cycle On' 2/19 Albyn Tce, Strathalbyn. An all women's social bike ride with coffee afterwards. Various start locations Contact Lanie for details.  
20 km **2B** Lanie 0406 452 117

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off.  
50 km **4B** Jane 0402 102 608  
Richard 0419 033 140

### Saturday Express

1:00 PM, Drage Reserve, Briar Rd, Felixstow. Café stop for afternoon tea.  
40 km **3B** Daryl 0411 474 096

### Broken Gadgets

The Broken Gadgets rides occur 2 or 3 times a month at different locations throughout the Adelaide Hills. Rides vary considerably in terrain (sometimes predominately single track adventures, sometimes predominately gravel road tours), duration (from 1.5 riding hours to all-day expeditions) and demeanour (sometimes leisurely and sometimes at least at intermediate-level speeds). BYO nibbles, water, lunch and spares accordingly. Contact Stu Clement at stu.clement@yahoo.com for details.

## SUN 4 APR

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end.  
60-80 km **5B** Peter 0407 182 376  
Andrew 0419 817 749  
Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards.  
30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards.  
40 km **6B** Marcus 0407 978 763

### Peninsula Pedallers

9:00 AM, Arteyrea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Bike Melrose

5:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page.  
Richard 0417 341 462

## MON 5 APR

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

## TUE 6 APR

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook.  
1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Arteyrea Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day!  
30 km **1A** Raelene 0419 842 007  
Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm.  
50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Torrens Weir, War Memorial Drive, North Adelaide. Mystery ride in Southern Suburbs. BYO lunch.  
40 km **2B** Liz 0439 949 006

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves Programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David - david.sutton@live.com.au) Further details unleybug1.wixsite.com/bug  
15 km **1A** David 0411 268 582

### Night Espresso

7:00 PM, Hurtle Square Adelaide. An easier ride option for those wishing to join the Espresso 'night riders' Good lights essential. Coffee afterwards at a café.  
40 km **4A** Rob 8299 0230

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café.  
40 km Rob 8299 0230



## WED 7 APR

### Mannum Peddle Wheelers

7:30 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook.  
[www.facebook.com/groups/mannumpedalwheelers](http://www.facebook.com/groups/mannumpedalwheelers) or [mannumpeddlewheelers.weebly.com](http://mannumpeddlewheelers.weebly.com)  
50-80 km **4B** Terry 0427 319 004  
Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B.  
30 km **1B** Gavin 0468 909 397

### Para Pedallers 'Cycle Salisbury'

8:30 AM, Salisbury Waterwheel Museum car park, 81 Commercial Rd, Salisbury (opposite Parabanks). Easy ride along local trails and/or local roads, as decided by the group on the day. Coffee afterwards. MTB/hybrid bikes preferred.  
25-35 km **1A-2A** Elaine 0422 393 997

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide.  
20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details.  
50 km **3C** Max 0405 191 955  
**3B** Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or [www.peninsulapedallers.com.au](http://www.peninsulapedallers.com.au)  
Clayton 0447 821 175

## THU 8 APR

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards.  
30 km **6A** Daniel 0433 391 674

## FRI 9 APR

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm.  
50 km **3B** Gavin 0468 909 397

## SAT 10 APR

ADVERTISEMENT

### Audax

**Walker Flat**  
**Saturday 10 April 2021**  
**7:00 AM**  
**Start - Tanunda**  
**200km**  
**Unsupported**

From the Barossa Valley through the Mt Lofty Ranges and mallee country to the River Murray and return.

**Entry fee applies**  
**Scott McCann 0487 864 693**  
**mccann1012004@yahoo.com.au**

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group  
Ian 0448 111 384

### Mannum Peddle Wheelers

7:30 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Younghusband Store. Return to Mannum for coffee/breakfast and a chat at Picklemees Grandma's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook [www.facebook.com/groups/mannumpedalwheelers](http://www.facebook.com/groups/mannumpedalwheelers) or [mannumpeddlewheelers.weebly.com](http://mannumpeddlewheelers.weebly.com)  
35 km **2B-4B** Terry 0427 319 004  
Wally 0428 592 282

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride.  
35-50 km **6B** Ruth 0427 752 815

### Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel.  
[cobwebsadelaide@yahoo.com.au](mailto:cobwebsadelaide@yahoo.com.au)  
54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride.  
40-60 km **3B** and **5C** Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Northern Off Road Riders

8:50 AM, Little Para Golf Club, 62 Martins Rd, Paralowie. Meet at bottom car park. Mainly off road ride along local tracks and trails in the Salisbury area. Ride route to be decided on the day along with coffee and refreshment stop. Mountain bikes only. Be ready to roll at 9:00 am.  
30-40 km **2B-3B** Mark 0490 340 167

### Para Cruizers 'Cycle Salisbury'

9:00 AM, Salisbury Water Wheel, 81 Commercial Rd, Salisbury. (toilets available) Edinbrough path to Penfield and then follow Smith Creek through Eliabeth to Craigmore and return via dirt trail to have coffee at St Georges Bakery, Phillip Highway. Suitable for MTB and hybrid bikes.  
35 km **2A** Des 0408 086 545

### Salisbury Cruizers 'Cycle Salisbury'

9:00 AM, Shelter, Carisbrooke Park, Main North Road, Salisbury Park. Ride along Little Para Trail to Pt Wakefield Road & return and/or local roads as decided by the group on the day. Mountain bikes preferred, beginners welcome.  
20 km **MTB Class 2** Steve 0411 715 116

### All Women's Bike Rides

9:30 AM, Cycle On' 2/19 Albyn Tce, Strathalbyn. An all Women's Bike Ride aimed to help build confidence for ladies of all ages. Suitable for the beginner or women wanting to get back into cycling on a casual and social level. Buy coffee afterwards.  
15 km **2B** Lanie 0406 452 117

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off.  
50 km **4B** Jane 0402 102 608  
Richard 0419 033 140

### Saturday Express

1:00 PM, S.A Film Corporation, 140 Fullarton Rd, Glenside (Clocktower) Café stop for afternoon tea.  
40 km **3B** Rosalind 0448 741 556

## SUN 11 APR

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end.  
60-80 km **5B** Peter 0407 182 376  
Andrew 0419 817 749  
Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards.  
30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards.  
40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Williamstown. Old bakery car park. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads.  
50 km **2C** Joe 0429 694 022

### Peninsula Pedallers

9:00 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Bike Melrose

4:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page.  
Richard 0417 341 462

## MON 12 APR

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

## TUE 13 APR

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook.  
1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day!  
30 km **1A** Raelene 0419 842 007  
Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm.  
50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Torrens Weir, War memorial Drive, North Adelaide. Wonders of the North Western suburbs mystery ride. BYO lunch.  
40 km **2B** Denise 0409 097 408

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves Programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David - david.sutton@live.com.au)  
Further details [unleybug1.wixsite.com/bug](http://unleybug1.wixsite.com/bug)  
15 km **1A** David 0411 268 582

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a cafe.  
40 km Rob 8299 0230

## WED 14 APR

### Mannum Peddle Wheelers

7:30 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook.  
[www.facebook.com/groups/mannumpedalwheelers](http://www.facebook.com/groups/mannumpedalwheelers) or [mannumpeddlewheelers.weebly.com](http://mannumpeddlewheelers.weebly.com)  
50-80 km **4B** Terry 0427 319 004  
Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B.  
30 km **1B** Gavin 0468 909 397

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

## Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide.  
20-25 km **3A** Andy 8232 7277

## Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details.  
50 km **3C** Max 0405 191 955  
**3B** Malcolm 8276 9469

## Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or www.peninsulapedallers.com.au  
Clayton 0447 821 175

## THU 15 APR

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards.  
30 km **6A** Daniel 0433 391 674

## FRI 16 APR

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm.  
50 km **3B** Gavin 0468 909 397

## SAT 17 APR

ADVERTISEMENT

### Audax

Around the Barossa  
Saturday 17 April 2021  
7.30 AM

Start - 23 Kinkaid Rd, Elizabeth East  
200km/300km/400km  
Unsupported

Choose from a series of routes through pleasant scenery and quiet roads. All rides have a gentle start along the Stuart O'Grady Bikeway. Flat to Wasleys, but from there on it is gentle rolling hills to stretch the legs. Please consider fitting a mirror.

Entry fee applies  
John Mills 0448 248 974  
millsyok@gmail.com

## Bike Melrose

7:30 AM, Over the Edge Shop, Melrose. Two ride options - 7:30 am start for the road riders and 8:30 am for the gravel grinders. Meet afterwards at Over the Edge Shop for a coffee and a chat. Further information - Bike Melrose Facebook page.  
20-55 km Kristen 0409 093 649

## Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group  
Ian 0448 111 384

## Mannum Peddle Wheelers

7:30 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Younghusband Store. Return to Mannum for coffee/ breakfast and a chat at Pickleme Grandma's Cafe. (Bring money for coffee/ breakfast). Visitors and new riders are welcome. Visit us on Facebook  
www.facebook.com/groups/mannumpedalwheelers or mannumpeddlewheelers.weebly.com  
35 km **2B-4B** Terry 0427 319 004  
Wally 0428 592 282

## Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride.  
35-50 km **6B** Ruth 0427 752 815

## Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel.  
cobwebsadelaide@yahoo.com.au  
54 km **6A**

## Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride.  
40-60 km **3B** and **5C** Michele 0438 010 220

## Peninsula Pedallers

8:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

## Dry Creek Trailers 'Cycle Salisbury'

9:00 AM, BMX/Club/Skate Park car park, cnr Bridge Rd and South Tce, Pooraka. Beginners ride on good gravel trail, no traffic and great scenery. Coffee at Valley View shops. MTB bikes please.  
15 km **1A-3B** MTB Bryce 0432 732 540

## Para District Pedallers 'Cycle Salisbury'

9:00 AM, Greentree Park (Hausler Reserve) Kings Rd, Paralowie, (adjacent Little Para Trail). Ride along Tapa Martinthi Yala Shared Use Path, destination to be advised. Coffee en route. Suit any type of bike.  
35-45 km **1A-3A** Elaine 0422 393 997

## All Women's Bike Rides

9:30 AM, Cycle On! 2/19 Albyn Tce, Strathalbyn. An all women's social bike ride with coffee afterwards. Various start locations Contact Lanie for details.  
20 km **2B** Lanie 0406 452 117

## Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off.  
50 km **4B** Jane 0402 102 608  
Richard 0419 033 140

## Saturday Express

1:00 PM, Brighton Railway Station, Brighton. Café stop for afternoon tea.  
40 km **3B** Jeff 0407 191 958

## Saturday Sojourn

1:00 PM, Pioneer Memorial, Moseley Square, Jetty Rd, Glenelg Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details. \*\*Note change to start time\*\*  
25 km **2A** Chris 0414 802 919

## Broken Gadgets

The Broken Gadgets rides occur 2 or 3 times a month at different locations throughout the Adelaide Hills. Rides vary considerably in terrain (sometimes predominately single track adventures, sometimes predominately gravel road tours), duration (from 1.5 riding hours to all-day expeditions) and demeanour (sometimes leisurely and sometimes at least at intermediate-level speeds). BYO nibbles, water, lunch and spares accordingly. Contact Stu Clement at stu.clement@yahoo.com for details.

## SUN 18 APR

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end.  
60-80 km **5B** Peter 0407 182 376  
Andrew 0419 817 749  
Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards.  
30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards.  
40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Oaklands Park. Oaklands Estate Reserve, 31 The Parade. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads.  
50 km **2C** Paul 0403 779 411

### Peninsula Pedallers

9:00 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Mystery Ride. Please phone for details. Coffee afterwards  
40 km **4B** Jim 0448 412 992

## Semaphore Sojourn 'Cycle Salisbury'

9:00 AM, Car park, cnr. Davis St and Waterloo Cnr. Rd, Salisbury. Easy paced ride along Little Para Trail, Tapa Martinthi Yala Shared Use Path Port River Bikeway and some roads to Pt Adelaide or Semaphore for coffee/refreshments before returning to start via same route. Suitable for all types of bikes.  
40 km **2A-4A** Nigel 0431 838 735

## Bike Melrose

4:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page.  
Richard 0417 341 462

## MON 19 APR

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

## TUE 20 APR

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook.  
1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day!  
30 km **1A** Raelene 0419 842 007  
Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm.  
50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Torrens Weir, War Memorial Drive, War Memorial Drive, North Adelaide. Flat ride to Semaphore for lunch and return. BYO lunch.  
40 km **2B** Angela 0418 844 963

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves Programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David - david.sutton@live.com.au) Further details unleybug1.wixsite.com/bug  
15 km **1A** David 0411 268 582

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café.  
40 km Rob 8299 0230



## WED 21 APR

### Mannum Peddle Wheelers

7:30 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook.  
[www.facebook.com/groups/mannumpedalwheelers](http://www.facebook.com/groups/mannumpedalwheelers) or [mannumpedlewheelers.weebly.com](http://mannumpedlewheelers.weebly.com)  
50-80 km **4B** Terry 0427 319 004  
Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B.  
30 km **1B** Gavin 0468 909 397

### Para Pedallers 'Cycle Salisbury'

8:30 AM, Salisbury Waterwheel Museum car park, 81 Commercial Rd, Salisbury (opposite Parabanks). Easy ride along local trails and/or local roads, as decided by the group on the day. Coffee afterwards. MTB/hybrid bikes preferred.  
25-35 km **1A-2A** Elaine 0422 393 997

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide.  
20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details.  
50 km **3C** Max 0405 191 955  
**3B** Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or [www.peninsulapedallers.com.au](http://www.peninsulapedallers.com.au)  
Clayton 0447 821 175

## THU 22 APR

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards.  
30 km **6A** Daniel 0433 391 674

## FRI 23 APR

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm.  
50 km **3B** Gavin 0468 909 397

## SAT 24 APR

ADVERTISEMENT

### Audax

#### Road Less Travelled Saturday 24 April 2021 7.00 AM

**Unsuppoted Start - Bici Café, Hutt St, Adelaide 100km/150km/202km**  
Roads Less Travelled takes us along some less common roads through the picturesque Adelaide hills (mixed terrain). **Entry fee applies**  
**Natasha Bysterveld 0404 246 600**  
[tashstylen@gmail.com](mailto:tashstylen@gmail.com)

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group  
Ian 0448 111 384

### Mannum Peddle Wheelers

7:30 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Youngusband Store. Return to Mannum for coffee/ breakfast and a chat at Picklemee Grandma's Cafe. (Bring money for coffee/ breakfast). Visitors and new riders are welcome. Visit us on Facebook [www.facebook.com/groups/mannumpedalwheelers](http://www.facebook.com/groups/mannumpedalwheelers) or [mannumpedlewheelers.weebly.com](http://mannumpedlewheelers.weebly.com)  
35 km **2B-4B** Terry 0427 319 004  
Wally 0428 592 282

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride.  
35-50 km **6B** Ruth 0427 752 815

### Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel.  
[cobwebsadelaide@yahoo.com.au](mailto:cobwebsadelaide@yahoo.com.au)  
54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride.  
40-60 km **3B** and **5C** Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Artyerea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Northern Off Road Riders

8:50 AM, Little Para Golf Club, 62 Martins Rd, Paralowie. Meet at bottom car park. Mainly off road ride along local tracks and trails in the Salisbury area. Ride route to be decided on the day along with coffee and refreshment stop. Mountain bikes only. Be ready to roll at 9:00 am.  
30-40 km **2B-3B** Mark 0490 340 167

### Para Cruizers 'Cycle Salisbury'

9:00 AM, Salisbury Water Wheel, 81 Commercial Rd, Salisbury. (toilets available) Ride to Mawson Lakes then to Montague Farm via local trails and return. Suitable for MTB and hybrid bikes.  
35 km **2A** Brian 0408 818 993

### Salisbury Cruizers 'Cycle Salisbury'

9:00 AM, Shelter, Carisbrooke Park, Main North Road, Salisbury Park. Ride along Little Para Trail to Pt Wakefield Road & return and/or local roads as decided by the group on the day. Mountain bikes preferred, beginners welcome.  
20 km **MTB Class 2** Steve 0411 715 116

### All Women's Bike Rides

9:30 AM, Cycle On' 2/19 Albyn Tce, Strathalbyn. An all Women's Bike Ride aimed to help build confidence for ladies of all ages. Suitable for the beginner or woman wanting to get back into cycling on a casual and social level. Buy coffee afterwards.  
15 km **2B** Lanie 0406 452 117

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off.  
50 km **4B** Jane 0402 102 608  
Richard 0419 033 140

### Kangaroo Island BUG

10:00AM , Western Kangaroo Island Caravan Park, 7928 South Coast Rd, Karatta, KI. Saturday 24th and Sunday 25th April. Ride details to be advised.  
25-35 km Martine 0477 018 417

### Saturday Express

1:00 PM, Drage Reserve, Briar Rd, Felixstow. Café stop for afternoon tea.  
40 km **3B** Don 0428 566 745

### Saturday Sojourn

1:00 PM, Victoria Square, adj Wakefield St, Adelaide Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details.  
25 km **2A** Chris 0414 802 919

## Dirty Weekend

24-25 April 2021

**Fox Creek Mountain Bike Park, Adelaide Hills**  
2:00 PM Saturday to 2:00 PM Sunday  
24/12/6 hour cross country endurance challenge.

Experience some of the best MTB tracks in Australia during the Dirty Weekend and be prepared to get down and dirty!  
**Entry fee applies.**  
**Enter on line or further details and/or entry forms available from:**  
**Bicycle SA office 8168 9999**  
[office@bikesa.asn.au](mailto:office@bikesa.asn.au)  
[rides@bikesa.asn.au](http://rides@bikesa.asn.au)  
[www.bikesa.asn.au](http://www.bikesa.asn.au)

## SUN 25 APR

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end.  
60-80 km **5B** Peter 0407 182 376  
Andrew 0419 817 749  
Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards.  
30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards.  
40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Kuitpo Forest Rangers hut. Brookman Rd. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads.  
50 km **2C** Judith 8298 3131

### Peninsula Pedallers

9:00 AM, Artyerea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Salisbury Explorers 'Cycle Salisbury'

9:00 AM, Shelter Area, Carisbrooke Park, Main North Rd, Salisbury Park. Beginners/easy ride along the path of the Little Para Trail.  
5-10 km **1A-2A** MTB Jim 0401 984 767

### Bike Melrose

4:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page.  
Richard 0417 341 462

### Better Harts

Mt Gambier. Rides to various locations and varying distances are organised during the month on an ad hoc basis, depending on who is interested, available, and riders' ability. We ride at the speed of the slowest rider. Our aim to get people to start riding and help them connect with other riders. If interested please contact Sharon Holmes on 8723 0805 or email [sharonholmes@ozemail.com.au](mailto:sharonholmes@ozemail.com.au)  
Sharon 8723 0805

## MON 26 APR

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

## TUE 27 APR

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook.  
1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Artyerea Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day!  
30 km **1A** Raelene 0419 842 007  
Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm.  
50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Torrens Weir, War Memorial Drive, North Adelaide. Ride to Mawson Lakes. BYO lunch.  
40 km **2B** Paul 0427 537 836

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves Programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David - david.sutton@live.com.au). Further details [unleybug1.wixsite.com/bug](mailto:unleybug1.wixsite.com/bug)  
15 km **1A** David 0411 268 582

## Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café. 40 km Rob 8299 0230

## WED 28 APR

### Mannum Peddle Wheelers

7:30 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook. [www.facebook.com/groups/mannumpeddlers](http://www.facebook.com/groups/mannumpeddlers) or [mannumpeddlers.weebly.com](http://mannumpeddlers.weebly.com) 50-80 km **4B** Terry 0427 319 004 Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B. 30 km **1B** Gavin 0468 909 397

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide. 20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details. 50 km **3C** Max 0405 191 955 3B Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or [www.peninsulapedallers.com.au](http://www.peninsulapedallers.com.au) Clayton 0447 821 175

## THU 29 APR

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards. 30 km **6A** Daniel 0433 391 674

## FRI 30 APR

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm. 50 km **3B** Gavin 0468 909 397

## SAT 1 MAY

### 2021 Outback Odyssey (10th Anniversary)

**Saturday 1 to 16 May 2021**  
900 km Mountain Bike Odyssey through the Australian Outback from Adelaide to Binman in the upper Flinders Ranges  
**Full Mawson: 1-16 May (16 days)**

#### Shorter Options:

**Mini Mawson One: 1-5 May (5 days)**  
**Mini Mawson Two: 5-10 May (6 days)**  
**Mini Mawson Three: 10-16 May (7 days)**

Each day in our epic journey is an adventure and experience of a lifetime! There will be a one night's stay in Wilpena, with time to explore this world famous region and maybe taking the time for a plane flight to appreciate its magnificence.

Although some days will stretch you to the limit, the campsite with its hot showers, massage and the Handle Bar, together with the catered-for meals and camaraderie will make it all worthwhile! Places are strictly limited and the chance to explore the iconic Flinders Ranges is a once in a lifetime and life changing experience.

#### Entry Fee applies.

Enter online or further details and/or entry forms available from:  
**Bicycle SA office 8168 9999**  
[office@bikesa.asn.au](mailto:office@bikesa.asn.au)

#### ADVERTISEMENT

### Audax

**Lofty Loops - Day 1**  
**Saturday 1 May 2021**  
**6:00 AM**

**Start - Mt Lofty**  
**150km/200km/300km/400km/600km/1000km**

A series of rides up to 1000km, comprising loops out of Mt Lofty. Support and limited accommodation options available at the base location at additional cost.

#### Entry fee applies

**David Fairweather 0401 528 563**  
[div.fw@bigpond.net.au](mailto:div.fw@bigpond.net.au)

### Bike Melrose

7:30 AM, Over the Edge Shop, Melrose. Two ride options - 7:30 am start for the road riders and 8:30 am for the gravel grinders. Meet afterwards at Over the Edge Shop for a coffee and a chat. Further information - Bike Melrose Facebook page. 20-55 km Kristen 0409 093 649

### Mannum Peddle Wheelers

7:30 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Younghusband Store. Return to Mannum for coffee/breakfast and a chat at Pickleme Grandma's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook [www.facebook.com/groups/mannumpeddlers](http://www.facebook.com/groups/mannumpeddlers) or [mannumpeddlers.weebly.com](http://mannumpeddlers.weebly.com) 35 km **2B-4B** Terry 0427 319 004 Wally 0428 592 282

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group [lan.0448.111.384](http://lan.0448.111.384) [rides@bikesa.asn.au](mailto:rides@bikesa.asn.au) [www.bikesa.asn.au](http://www.bikesa.asn.au)

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride. 35-50 km **6B** Ruth 0427 752 815

### Colwehs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel. [cobwebsadelaide@yahoo.com.au](mailto:cobwebsadelaide@yahoo.com.au) 54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride. 40-60 km **3B** and **5C** Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Arteryrea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

### Cycle Unley Heritage Tour

9:00 AM, Unley Civic Centre, 181 Unley Rd, Unley. (meet in car park off Oxford St). Cycling in Historic Unley. A leisurely ride for those interested in the historic areas in the City of Unley. Suitable for all ages; families encouraged. Rides are planned for the first Saturday of the month. For those interested we will have coffee at La Scala Cafe, at the conclusion of the ride, around 10:30 am. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David - [david.sutton@live.com.au](mailto:david.sutton@live.com.au)) Further details [unleybug1.wixsite.com/ubug](http://unleybug1.wixsite.com/ubug) 10 km **1A** David 0411 268 582

### Dry Creek Trailers 'Cycle Salisbury'

9:00 AM, BMX/Club/Skate Park car park, cnr Bridge Rd and South Tce, Pooraka. Beginners ride on good gravel trail, no traffic and great scenery. Coffee at Valley View shops. MTB bikes please. 15 km **1A-3B** MTB Bryce 0432 732 540

### Para District Pedallers 'Cycle Salisbury'

9:00 AM, North East corner of Watershed car park, Salisbury Highway, Greenfields. Loop ride Dry Creek Trail, Little Para River Trail. Mountain/hybrid bikes please. 20-25 km **1A-2A** MTB Jim 0401 984 767

### All Women's Bike Rides

9:30 AM, Cycle On' 2/19 Albyn Tce, Strathalbyn. An all women's social bike ride with coffee afterwards. Various start locations Contact Lanie for details. 20 km **2B** Lanie 0406 452 117

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off. 50 km **4B** Jane 0402 102 608 Richard 0419 033 140

### Saturday Express

1:00 PM, Torrens Weir, War Memorial Drive, North Adelaide. Café stop for afternoon tea. 40 km **3B** Bob 0409 091 183

### Saturday Sojourn

1:00 PM, Torrens Weir, War Memorial Drive, North Adelaide. Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details. 25 km **2A** Chris 0414 802 919

### Broken Gadgets

The Broken Gadgets rides occur 2 or 3 times a month at different locations throughout the Adelaide Hills. Rides vary considerably in terrain (sometimes predominately single track adventures, sometimes predominately gravel road tours), duration (from 1.5 riding hours to all-day expeditions) and demeanour (sometimes leisurely and sometimes at least at intermediate-level speeds). BYO nibbles, water, lunch and spares accordingly. Contact Stu Clement at [stu.clement@yahoo.com](mailto:stu.clement@yahoo.com) for details.

## SUN 2 MAY

#### ADVERTISEMENT

### Audax

**Lofty Loops - Day 2**  
**Saturday 2 May 2021**  
**6:00 AM**

**Start - Mt Lofty**  
**150km/200km/300km/400km**

A series of rides up to 1000km, comprising loops out of Mt Lofty. Support and limited accommodation options available at the base location at additional cost.

#### Entry fee applies

**David Fairweather 0401 528 563**  
[div.fw@bigpond.net.au](mailto:div.fw@bigpond.net.au)

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end. 60-80 km **5B** Peter 0407 182 376 Andrew 0419 819 817 749 Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards. 30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards. 40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Mount Compass. Wetlands car park. Nangkita Rd. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads. 50 km **2C** Steve 0401 603 596

### Peninsula Pedallers

9:00 AM, Arteryrea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

### Bike Melrose

4:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page. Richard 0417 341 462



**MTB Orienteering**

Sunday 2 May 2021

Highbury

Further details:

[www.sa.orienteeing.asn.au](http://www.sa.orienteeing.asn.au)**MON 3 MAY****Audax**

Lofty Loops - Day 3

Saturday 3 May 2021

7:00 AM

Start - Mt Lofty

150km/200km/300km

A series of rides up to 1000km, comprising loops out of Mt Lofty. Support and limited accommodation options available at the base location at additional cost.

Entry fee applies

David Fairweather 0401 528 563

div.fw@bigpond.net.au

**Northside Cycling Group**

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

**TUE 4 MAY****Getonyabike**

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook.

1-32 km **1A** Michele 0438 010 220**Peninsula Pedallers**

9:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day!

30 km **1A** Raelene 0419 842 007

Jim 0448 412 992

**Tuesday Trailers**

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm.

50-55 km **4B-5B** Tony 8388 4730 or

0407 884 730

**Tuesday Traverse**

10:00 AM, Sandison Reserve Glenelg East, Cnr Augusta Street & Third Street. Ride O'Halloran Hill to Reynella then back to Glenelg, BYO lunch.

40 km **2C** Ann 0438 558 941**Unley Cycle: Unley Cycleways**

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves Programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David - david.sutton@live.com.au) Further details [unleybug1.wixsite.com/bug](mailto:unleybug1.wixsite.com/bug)

15 km **1A** David 0411 268 582**Night Espresso**

7:00 PM, Hurtle Square Adelaide. An easier ride option for those wishing to join the Espresso 'night riders' Good lights essential. Coffee afterwards at a café. 40 km **4A** Rob 8299 0230

**Night Espresso**

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café. 40 km Rob 8299 0230

**WED 5 MAY****Mannum Peddle Wheelers**

7:30 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook.

[www.facebook.com/groups/mannumpedalwheelers](http://www.facebook.com/groups/mannumpedalwheelers)[mannumpeddlewheelers.weebly.com](http://mannumpeddlewheelers.weebly.com)50-80 km **4B** Terry 0427 319 004

Wally 0428 592 282

**GAD-BUG (Goolwa & District Bicycle User Group)**

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B. 30 km **1B** Gavin 0468 909 397

**Para Pedallers 'Cycle Salisbury'**

8:30 AM, Salisbury Waterwheel Museum car park, 81 Commercial Rd, Salisbury (opposite Parabanks). Easy ride along local trails and/or local roads, as decided by the group on the day. Coffee afterwards. MTB/hybrid bikes preferred. 25-35 km **1A-2A** Elaine 0422 393 997

**Northside Cycling Group**

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

**Ride with Keith**

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide. 20-25 km **3A** Andy 8232 7277

**Wednesday Wheelers**

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details. 50 km **3C** Max 0405 191 955

**3B** Malcolm 8276 9469**Peninsula Pedallers**

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or [www.peninsulapedallers.com.au](http://www.peninsulapedallers.com.au)

Clayton 0447 821 175

**THU 6 MAY****30/30 Beach Streak**

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards. 30 km **6A** Daniel 0433 391 674

**FRI 7 MAY****GAD-BUG (Goolwa & District Bicycle User Group)**

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm. 50 km **3B** Gavin 0468 909 397

**SAT 8 MAY****Gawler Wheelers**

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group

lan 0448 111 384

**Mannum Peddle Wheelers**

7:30 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Younghusband Store. Return to Mannum for coffee/breakfast and a chat at Pickleme Grandpa's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook [www.facebook.com/groups/mannumpedalwheelers](http://www.facebook.com/groups/mannumpedalwheelers) or [mannumpeddlewheelers.weebly.com](http://mannumpeddlewheelers.weebly.com)

35 km **2B-4B** Terry 0427 319 004

Wally 0428 592 282

**Riverland Riders**

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride. 35-50 km **6B** Ruth 0427 752 815

**Cobwebs**

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel. [cobwebsadelaide@yahoo.com.au](mailto:cobwebsadelaide@yahoo.com.au)

54 km **6A****Mishmash Cycling**

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride.

40-60 km **3B** and **5C**

Michele 0438 010 220

**Peninsula Pedallers**

8:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

**Northern Off Road Riders**

8:50 AM, Little Para Golf Club, 62 Martins Rd, Paralowie. Meet at bottom car park. Mainly off road ride along local tracks and trails in the Salisbury area. Ride route to be decided on the day along with coffee and refreshment stop. Mountain bikes only. Be ready to roll at 9:00 am. 30-40 km **2B-3B** Mark 0490 340 167

**Salisbury Cruisers 'Cycle Salisbury'**

9:00 AM, Shelter, Carisbrooke Park, Main North Road, Salisbury Park. Ride along Little Para Trail to Pt Wakefield Road & return and/or local roads as decided by the group on the day. Mountain bikes preferred, beginners welcome. 20 km **MTB Class 2** Steve 0411 715 116

**All Women's Bike Rides**

9:30 AM, Cycle On' 2/19 Albyn Tce, Strathalbyn. An all Women's Bike Ride aimed to help build confidence for ladies of all ages. Suitable for the beginner or women wanting to get back into cycling on a casual and social level. Buy coffee afterwards.

15 km **2B** Lanie 0406 452 117**Cogs & Coffee**

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Café is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off.

50 km **4B** Jane 0402 102 608

Richard 0419 033 140

**Saturday Express**

1:00 PM, Henley Square, Henley Beach. Café stop for afternoon tea. 40 km **3B** Peter 0414 719 296

**Saturday Sojourn**

1:00 PM, Adelaide Sailing Club, Barcoo Rd, West Beach. Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details.

25 km **2A** Chris 0414 802 919**SUN 9 MAY****Poseurs d'Adelaide**

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end. 60-80 km **5B** Peter 0407 182 376

Andrew 0419 817 749

Doug 0419 813 479

**GAD-BUG (Goolwa & District Bicycle User Group)**

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards. 30 km **2B** Gavin 0468 909 397

**Border BUG**

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards. 40 km **6B** Marcus 0407 978 763

**Hills Ride**

9:00 AM, Mile End. 10 Hughes St. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads.

50 km **2C** Neil 0429 201 144**Peninsula Pedallers**

9:00 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

**Bike Melrose**

4:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information - Bike Melrose Facebook page. Richard 0417 341 462

**MON 10 MAY****Northside Cycling Group**

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

## TUE 11 MAY

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. It will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook.  
1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Artheyrea Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day!  
30 km **1A** Raelene 0419 842 007  
Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm.  
50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Torrens Weir, War Memorial Drive, North Adelaide. Mystery ride. BYO lunch.  
40 km **2B** Richard 0438 805 901

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves Programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David - david.sutton@live.com.au) Further details unleybug1.wixsite.com/bug  
15 km **1A** David 0411 268 582

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café.  
40 km Rob 8299 0230

## WED 12 MAY

### Mannum Peddle Wheelers

7:30 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook.  
www.facebook.com/groups/mannumpedlewheelers or mannumpedlewheelers.weebly.com  
50-80 km **4B** Terry 0427 319 004  
Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B.  
30 km **1B** Gavin 0468 909 397

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide.  
20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details.  
50 km **3C** Max 0405 191 955  
**3B** Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or www.peninsulapedallers.com.au  
Clayton 0447 821 175

## THU 13 MAY

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards.  
30 km **6A** Daniel 0433 391 674

## FRI 14 MAY

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm.  
50 km **3B** Gavin 0468 909 397

## SAT 15 MAY

ADVERTISEMENT

### Audax

Pinaroo 300

Saturday 15 May 2021

6:00 AM

Start - Tailem Bend

303km

Unsupported

A new road from Tailem Bend to Pinaroo and back. Mainly sealed roads with shoulder. Last 40km unsealed.

Entry fee applies

Daniel O'Connor 0433 396 674

daniel.oconnor@gmail.com

### Bike Melrose

7:30 AM, Over the Edge Shop, Melrose. Two ride options - 7:30 am start for the road riders and 8:30 am for the gravel grinders. Meet afterwards at Over the Edge Shop for a coffee and a chat. Further information - Bike Melrose Facebook page.  
20-55 km Kristen 0409 093 649

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook - Gawler Wheelers Cycling Group  
Ian 0448 111 384

### Mannum Peddle Wheelers

7:30 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Youngusband Store. Return to Mannum for coffee/ breakfast and a chat at Pickleme Grandmother's Cafe. (Bring money for coffee/ breakfast). Visitors and new riders are welcome. Visit us on Facebook  
www.facebook.com/groups/mannumpedlewheelers or mannumpedlewheelers.weebly.com  
35 km **2B-4B** Terry 0427 319 004  
Wally 0428 592 282

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride.  
35-50 km **6B** Ruth 0427 752 815

### Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel.  
cobwebsadelaide@yahoo.com.au  
54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride.  
40-60 km **3B** and **5C**  
Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Artheyrea Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Dry Creek Trailers 'Cycle Salisbury'

9:00 AM, BMX/Club/Skate Park car park, cnr Bridge Rd and South Tce, Pooraka. Beginners ride on good gravel trail, no traffic and great scenery. Coffee at Valley View shops. MTB bikes please.  
15 km **1A-3B** MTB Bryce 0432 732 540

### Para Cruisers 'Cycle Salisbury'

9:00 AM, Salisbury Water Wheel, 81 Commercial Rd, Salisbury. (toilets available) Follow the Little Para to pick up Tapa Martnthi Yala Shared Use Path at Bolivar. Then turn off to follow St Kilda Rd. to St Kilda for coffee. Return via the salt pans, under the Northern Connector bridge over Dry Creek and along the Para Trail. Suitable for MTB and hybrid bikes.  
35 km **2A** Des 0408 086 545

### Para District Pedallers 'Cycle Salisbury'

9:00 AM, Eyre Shopping Centre, cnr. Petheron and Stebonheath Rds, Penfield. Ride along Stuart O'Grady bikeway to Gawler for coffee and return via same route. Suit any type of bike.  
32 km **1A-3A** Elaine 0422 393 997

### All Women's Bike Rides

9:30 AM, Cycle On! 2/19 Albyn Tce, Strathalbyn. An all women's social bike ride with coffee afterwards. Various start locations Contact Lanie for details.  
20 km **2B** Lanie 0406 452 117

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Café is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off.  
50 km **4B** Jane 0402 102 608  
Richard 0419 033 140

### Saturday Express

1:00 PM, Brighton Railway Station, Brighton. Café stop for afternoon tea.  
40 km **3B** Jeff 0407 191 958

### Saturday Sojourn

1:00 PM, Marshmallow Pk, Adelaide Parklands Park 19 (Pityarilla), adj Glen Osmond Rd, Adelaide. Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details.  
25 km **2A** Chris 0414 802 919

### Broken Gadgets

The Broken Gadgets rides occur 2 or 3 times a month at different locations throughout the Adelaide Hills. Rides vary considerably in terrain (sometimes predominately single track adventures, sometimes predominately gravel road tours), duration (from 1.5 riding hours to all-day expeditions) and demeanour (sometimes leisurely and sometimes at least at intermediate-level speeds). BYO nibbles, water, lunch and spares accordingly. Contact Stu Clement at stu.clement@yahoo.com for details.

## SUN 16 MAY

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end.  
60-80 km **5B** Peter 0407 182 376  
Andrew 0419 817 749  
Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards.  
30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards.  
40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Mylor Oval, Lot 1620 Strathalbyn Rd, Mylor. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads.  
50 km **2C** Rob 0428 990 059

### Peninsula Pedallers

9:00 AM, Artheyrea Hall, Mortlock Terrace, Port Lincoln. Mystery Ride. Please phone for details. Coffee afterwards.  
40 km **4B** Jim 0448 412 992



## Bike Melrose

4:00 PM, Paradise Square, Melrose.  
A mountain bike ride. Further information – Bike Melrose Facebook page.  
Richard 0417 341 462

## MON 17 MAY

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

## TUE 18 MAY

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook.  
1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day!  
30 km **1A** Raelene 0419 842 007  
Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm.  
50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, "Harvest the Fleurieu" Victor Harbor Road, Mt Compass. From Mt. Compass ride the back roads to Myponga for lunch. Then back to Mt Compass for coffee at Harvest. 50/50 gravel & bitumen & a few hills. No Road bikes. BYO or buy lunch.  
40 km **2B** Robyn 0401 364 019

### Unley Cycle: Unley Cycleways

10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves Programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David – david.sutton@live.com.au)  
Further details unleybug1.wixsite.com/bug  
15 km **1A** David 0411 268 582

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café.  
40 km Rob 8299 0230

## WED 19 MAY

### Mannum Peddle Wheelers

7:30 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook.  
www.facebook.com/groups/mannumpeddlers  
or mannumpeddlers.weebly.com  
50-80 km **4B** Terry 0427 319 004  
Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B.  
30 km **1B** Gavin 0468 909 397

### Para Pedallers 'Cycle Salisbury'

8:30 AM, Salisbury Waterwheel Museum car park, 81 Commercial Rd, Salisbury (opposite Parabanks). Easy ride along local trails and/or local roads, as decided by the group on the day. Coffee afterwards. MTB/hybrid bikes preferred.  
25-35 km **1A-2A** Elaine 0422 393 997

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route.  
60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide.  
20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details.  
50 km **3C** Max 0405 191 955  
3B Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2 - 3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and/or www.peninsulapedallers.com.au  
Clayton 0447 821 175

## THU 20 MAY

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards.  
30 km **6A** Daniel 0433 391 674

## FRI 21 MAY

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm.  
50 km **3B** Gavin 0468 909 397

## SAT 22 MAY

ADVERTISEMENT

### Audax

Up in the Boondocks

Saturday 22 May 2021

7:30 AM

Start – Elizabeth

50km/58km/100km/105km/157km/

210km

Unsupported

Get out there. Get away from it all. Get a bit of dirt in your tread. Most of the rides in this series could be done with a hybrid/cyclo-cross bike on 35s. But front shockers would be easier on the body, and the bike, and safer for the Rabbit and the Roo. (mixed terrain)  
**Entry fee applies**  
**John Mills 0448 248 974**  
**millsyok@gmail.com**

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook – Gawler Wheelers Cycling Group.  
Ian 0448 111 384

### Mannum Peddle Wheelers

7:30 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Youngusband Store. Return to Mannum for coffee/breakfast and a chat at Picklemees Grandma's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook  
www.facebook.com/groups/mannumpeddlers  
or mannumpeddlers.weebly.com  
35 km **2B-4B** Terry 0427 319 004  
Wally 0428 592 282

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride.  
35-50 km **6B** Ruth 0427 752 815

### Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel.  
cobwebsadelaide@yahoo.com.au  
54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride.  
40-60 km **3B** and **5C**  
Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Northern Off Road Riders

8:50 AM, Mawson Lakes. Meet at the train station car park, under Elder Smith Rd. Mainly off road ride to Athelstone and return along Dry Creek and Torrens Linear Park. Coffee stop at Café Va Bene. MTB or good hybrid bike will get the job done. Be ready to roll at 9:00 am.  
54 km **2B-3B** Mark 0490 340 167

### Salisbury Cruizers 'Cycle Salisbury'

9:00 AM, Shelter, Carisbrooke Park, Main North Road, Salisbury Park. Ride along Little Para Trail to Pt Wakefield Road & return and/or local roads as decided by the group on the day. Mountain bikes preferred, beginners welcome.  
20 km **MTB Class 2** Steve 0411 715 116

### All Women's Bike Rides

9:30 AM, Cycle On' 2/19 Albyn Tce, Strathalbyn. An all Women's Bike Ride aimed to help build confidence for ladies of all ages. Suitable for the beginner or women wanting to get back into cycling on a casual and social level. Buy coffee afterwards.  
15 km **2B** Lanie 0406 452 117

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Café is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off.  
50 km **4B** Jane 0402 102 608  
Richard 0419 033 140

### Saturday Express

1:00 PM, Laratinga Café, in Homemakers Centre, 6 Dutton Rd, Mt. Barker. Ride on some sealed and unsealed roads. Coffee after the ride. MTB or hybrid bikes please. Not suitable for road bikes.  
40 km **3B** Hal 0427 084 097

### Saturday Sojourn

1:00 PM, Pt Adelaide - Lighthouse, McLaren Parade, Pt Adelaide. Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details.  
25 km **2A** Chris 0414 802 919

## SUN 23 MAY

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end.  
60-80 km **5B** Peter 0407 182 376  
Andrew 0419 817 749  
Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards.  
30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards.  
40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Woodside. Swimming pool car park, 5244/8 Nairne Rd, Woodside. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads.  
50 km **2C** Joe 0429 694 022

### Peninsula Pedallers

9:00 AM, Artereya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards.  
40 km **4B** Jim 0448 412 992

### Semaphore Sojourn 'Cycle Salisbury'

9:00 AM, North Adelaide Railway Station, War Memorial Drive, North Adelaide. (western side of rail) Easy paced ride along Outer Harbour Greenway, bike paths and some roads to Pt Adelaide or Semaphore for coffee/refreshments before returning to start via same route. Suitable for all types of bikes.  
20-25 km **2A-4A** Nigel 0431 838 735

### Kangaroo Island BUG

10:00 AM, Vivonne Bay, Kangaroo Island. Start location and ride details to be advised.  
25-35 km Ants 0456 390 656

### Bike Melrose

4:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information – Bike Melrose Facebook page.  
Richard 0417 341 462

ADVERTISEMENT

### MTB Orienteering

Sunday 23 May 2021

Karinya

Further details:

www.sa.orienteeing.asn.au

## MON 24 MAY

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

## TUE 25 MAY

### Getonyabike

9:00 AM, Tennis Courts, Neumann Rd, Charleston. GETONYABIKE is a group aimed at encouraging people of all ages and stages of fitness to get back on their bikes. You don't need to wear lycra, be skinny, fit or young. It does not matter whether you have an old bike that has been in your shed for 40 years or a new bike that you have not gotten around to riding. If your bike won't fit in your car, take the front wheel off. We will help you put it back on. We will ride on the Amy Gillett Bikeway. After the ride we will head to the Chase's Bike Hub in Woodside for coffee. Please come along and give it a try. Whether you ride 1 km or the whole 32 kms, you will have a nice ride with friendly people. Ride is weather dependent. Follow us on Facebook. 1-32 km **1A** Michele 0438 010 220

### Peninsula Pedallers

9:30 AM, Arterya Hall, Mortlock Terrace, Port Lincoln. Beginners ride, with the group riding at the pace of the slowest rider. Bring money for coffee afterwards. We will meet at a convenient location for the riders on the day! 30 km **1A** Raelene 0419 842 007 Jim 0448 412 992

### Tuesday Treadlers

9:30 AM, Balhannah Oval, Onkaparinga Valley Rd, Balhannah. Road bike ride, with a mid-way stop for coffee and back by lunchtime. Usually a different start location on the first Tuesday of each month. Ride Coordinator to confirm. 50-55 km **4B-5B** Tony 8388 4730 or 0407 884 730

### Tuesday Traverse

10:00 AM, Alberton Railway Station. Mystery ride. BYO lunch. 40 km **2B** Magda 0417 802 723 Unley Cycle: Unley Cycleways 10:00 AM, The front lawns of the Unley Community Centre, Arthur St, Unley. Join Unley Councillor Monica Broniecki in a social cycling group exploring the cycleways of Unley (and beyond) at a leisurely pace, followed by coffee. Open to all levels and abilities. This group is run in conjunction with the Unley Community Centre and the Daily Moves Programme. If your bike has not been ridden for some time, contact the Ride Coordinator for a voucher for a free bike safety check. (David – david.sutton@live.com.au) Further details unleybug1.wixsite.com/bug 15 km **1A** David 0411 268 582

### Night Espresso

7:00 PM, Hurtle Square Adelaide. The rides vary from 6A, 5B, 4C usually with a slightly easier option. Good lights essential. Coffee afterwards at a café. 40 km Rob 8299 0230

## WED 26 MAY

### Mannum Peddle Wheelers

7:30 AM, Mid-Murray Council Chambers, car park, 49 Adelaide Rd, Mannum. Enjoy a mid-week ride starting from the historic township of Mannum, exploring the surrounding countryside and stopping for coffee during or after the ride. Route and coffee stop depending on who is riding. Visitors and new riders are most welcome. Visit us on facebook. www.facebook.com/groups/mannumpedlewheelers or mannumpedlewheelers.weebly.com 50-80 km **4B** Terry 0427 319 004 Wally 0428 592 282

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Generally two ride options along Encounter Bikeway. Either 30 km easy for coffee at Middleton/Port Elliot or 45 km-70 km to Victor Harbor area. Options from 1B to 4B. 30 km **1B** Gavin 0468 909 397

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979

### Ride with Keith

9:00 AM, Bicycle Express, 124 Halifax St, Adelaide. Join Adelaide television and radio personality Keith Conlon for this relaxed pace, 90 minute ride along the bike paths and back streets of Adelaide. Departing from Bicycle Express on Halifax St at 9:00 am and returning for coffee by 10:30 am, this ride is informative and fun, and open to all riders of any age and ability. Pace is steady and the rides are flat, often taking in the Linear Park and parklands of Adelaide. 20-25 km **3A** Andy 8232 7277

### Wednesday Wheelers

10:00 AM, 10:00 am start at different locations around Adelaide and environs, grade 3C, usually about 50 km, stopping somewhere en route for lunch. New riders welcome. There is an alternative easier grade 3B ride starting at the same time and place. Contact Max 0405 191 955 for the 3C ride or Malcolm 8276 9469 for the 3B ride, for more details. 50 km **3C** Max 0405 191 955 **3B** Malcolm 8276 9469

### Peninsula Pedallers

5:45 PM, Cluster Cycles, 4/60 Liverpool St, Port Lincoln. We usually have road rides in summer (to be confirmed on the day). Intermediate level, 2-3 hour rides and we re-group at specific points. Clusters Cycles facebook page for further information about the rides and or www.peninsulapedallers.com.au Clayton 0447 821 175

## THU 27 MAY

### 30/30 Beach Streak

6:00 PM, Henley Square, Henley Beach. Start at 6:15 pm. Join the 30kph average for 30 km or the 35kph average for 30 km graduates (40kph often). Refreshments at the Adelaide Sailing Club, West Beach, afterwards. 30 km **6A** Daniel 0433 391 674

## FRI 28 MAY

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Road bike ride of approximately 50 km with a break for coffee. From time to time location/terrain may change in favour of an off-road mountain bike ride. Please contact Ride Coordinator to confirm. 50 km **3B** Gavin 0468 909 397

## SAT 29 MAY

### Bike Melrose

7:30 AM, Over the Edge Shop, Melrose. Two ride options - 7:30 am start for the road riders and 8:30 am for the gravel grinders. Meet afterwards at Over the Edge Shop for a coffee and a chat. Further information – Bike Melrose Facebook page. 20-55 km Kristen 0409 093 649

### Gawler Wheelers

7:30 AM, 41 High St Gawler, southern car park (next to Gawler Council Administration Building). Gawler Wheelers is a social road cycling group, meeting at 41 High St Gawler. Rides are held every Saturday morning. All Gawler Wheelers rides are included in the Bicycle SA Rides Programme. Ride and safety briefing at 7:15 am, roll out at 7:30 am. Ride distances range from 50 km to 100 km. Three options per week: Short (5A and 6A), Intermediate (5B and 6B) and challenging (5D and 6D). Riders must have bike fitness (age 16+ only). Refreshments and coffee at the Exchange Hotel. Join us for a chat. All welcome. For ride options and the latest news visit us on Facebook – Gawler Wheelers Cycling Group lan 0448 111 384

### Mannum Peddle Wheelers

7:30 AM, Arnold Park (car park by the Mannum Ferry), Mannum. A regular social group ride. Cross the ferry, ride along the scenic river road to the Youngusband Store. Return to Mannum for coffee/breakfast and a chat at Picklemees Grandma's Cafe. (Bring money for coffee/breakfast). Visitors and new riders are welcome. Visit us on Facebook www.facebook.com/groups/mannumpedlewheelers or mannumpedlewheelers.weebly.com 35 km **2B-4B** Terry 0427 319 004 Wally 0428 592 282

### Riverland Riders

7:30 AM, Renmark Fountain/Lion car park, Renmark. Distance varies depending on how far the group want to ride. 35-50 km **6B** Ruth 0427 752 815

### Cobwebs

8:00 AM, Tarniwarra Park, Cygnet Court, North Glenelg. Group road ride to Outer Harbour and return. Generally 70 to 100 riders with 6 plus sub-groups. Coffee afterwards at the Watermark Hotel. cobwebsadelaide@yahoo.com.au 54 km **6A**

### Mishmash Cycling

8:00 AM, Birdwood Foodland (car park at rear of supermarket) Birdwood. Social roadie ride meets at 7:45 am in the rear car park of Birdwood Foodland. Different route every week. Riders look after each other so no-one gets left behind. A 40 km to 60 km leisurely ride, depending on who turns up. Weather dependent. No ride if the weather is bad. Coffee afterwards at Pomegranate Cottage. Please phone Michele to be added to the email list for weekly ride. 40-60 km **3B** and **5C** Michele 0438 010 220

### Peninsula Pedallers

8:30 AM, Arterya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

### Para Cruisers 'Cycle Salisbury'

9:00 AM, Hausler Reserve (AKA Greentree Park) Kings Rd, Paralowie. Ride along Tapa Martinhi Yala Shared Use path and Stuart O'Grady bikeways and return via Edinburgh bike path for coffee at Cofftea then return to the start. Suit any type of bike. 35 km **2A** Brian 0408 818 993

### Cogs & Coffee

10:00 AM, Bici Café, 259 Hutt St, Adelaide. A morning ride with the obligatory coffee stop. (Some riders meet at 9:30 am for a pre-ride coffee). The Bici Cafe is our usual meeting point but if you are a new or intermittent rider, please ring on Friday (latest) to double-check. There is no pre-planned direction or route each week; this is decided by everyone before we head off. 50 km **4B** Jane 0402 102 608 Richard 0419 033 140

### Saturday Express

1:00 PM, Heywood Park, Addiscombe Place, Unley Park. Café stop for afternoon tea. 40 km **3B** Patsy 0439 332 533

### Saturday Sojourn

1:00 PM, Heywood Park, Addiscombe Place, Unley Park. Ride is dependent on current Health, Government and BSA pandemic guidelines. Leader and route determined on the day. An easy paced, sociable ride for both experienced and less experienced cyclists. BYO or buy refreshments. Phone for confirmation and further details. 25 km **2A** Chris 0414 802 919

## SUN 30 MAY

### Grand/Mini Slam

**Recreational Bike Series of 5 rides**  
**Sunday 30 May 2021**

**8:00 AM Williamstown, Queen Victoria Jubilee Park**

The third event in the Grand/Mini Slam series of on road personal challenge recreational rides for 2021. Choose between 60 km or 120 km, with the opportunity to ride at your own pace. Morning and afternoon refreshments, freshly cut salad rolls, and fruit for lunch. **On road support**  
**Enter online or further details and/or entry forms available from:**  
**Bicycle SA office 8168 9999**  
**www.bikesa.asn.au**  
**rides@bikesa.asn.au**

### Poseurs d'Adelaide

8:00 AM, Corner Portrush & Greenhill Rds. (in front of the Burnside Town Hall). Bitumen road ride with the occasional stretch of gravel, 4C to 5B, generally in the hills or quieter Adelaide roads. We don't take ourselves too seriously and aim for a good bakery or cafe towards the end. 60-80 km **5B** Peter 0407 182 376 Andrew 0419 817 749 Doug 0419 813 479

### GAD-BUG (Goolwa & District Bicycle User Group)

8:30 AM, Goolwa Wharf area, under Hindmarsh Island Bridge, Goolwa. Uses Encounter Bikeway, Beacon 19, Hindmarsh Island and Laffins Point. Route chosen each week based on group's ability, weather, etc. Usually two groups, fast and slow. Rides vary from 1A to 3B. Riders choose when to turn back. Usually coffee afterwards. 30 km **2B** Gavin 0468 909 397

### Border BUG

9:00 AM, Caltex Service Station, Bordertown. Social ride on quiet roads. Riders choose their turnaround point. Coffee afterwards. 40 km **6B** Marcus 0407 978 763

### Hills Ride

9:00 AM, Willunga. Bus stop 98 adjacent Rose Garden on Aldinga Rd, Willunga. MTB or Hybrid advised. Coffee stop en route. Mainly dirt roads. 50 km **2C** Bruce 0417 895 249

### Peninsula Pedallers

9:00 AM, Arterya Hall, Mortlock Terrace, Port Lincoln. Coffee afterwards. 40 km **4B** Jim 0448 412 992

### Salisbury Explorers 'Cycle Salisbury'

9:00 AM, Little Para Trail next to Hausler Reserve, Paralowie. Beginners/easy ride along the path of the Little Para Trail. 5-10 km **1A-2A MTB** Jim 0401 984 767

### Bike Melrose

4:00 PM, Paradise Square, Melrose. A mountain bike ride. Further information – Bike Melrose Facebook page. Richard 0417 341 462

### Better Harts

Mt Gambier. Rides to various locations and varying distances are organised during the month on an ad hoc basis, depending on who is interested, available, and riders' ability. We ride at the speed of the slowest rider. Our aim to get people to start riding and help them connect with other riders. If interested please contact Sharon Holmes on 8723 0805 or email sharonholmes@ozemail.com.au Sharon 8723 0805

## MON 31 MAY

### Northside Cycling Group

9:00 AM, Elizabeth Star Cycles, 5 Barfield Crescent, Elizabeth. Ride with 2 options, from 3A to 5A with a coffee stop en route. 60 km **5A** Gary 8255 1979