

## FIRST AID, MEDICAL HELP AND EMERGENCIES

In the event of an emergency or incident, please use the following as a guide:

1. Ensure your safety first;
2. Ensure the safety and welfare of any injured person, any riders, volunteers and / or public;
3. In an emergency contact appropriate emergency authorities – **dial 000** – stating your name, location, phone number, role and service(s) required;
4. Remain at the scene until emergency services arrive unless it is safe to do so;
5. Provide all possible assistance to emergency services;
6. Record all actions and times and details of all involved; including possible witnesses as soon as practical. If possible / necessary, take photographs;
7. Contact Bicycle SA personnel as soon as possible.

For accident and other incidents on the track, follow the above steps, and if necessary get another rider to pass on a message to the Lap Recording team with as much detail as possible, especially location. Do not leave behind an injured rider unless your safety is at risk. Bicycle SA personnel at the Check Point have radio communication with the Lap Recording team, and this is another way you can send for help.

## IMPORTANT NUMBERS

### In the case of EMERGENCY call 000

Event Manager	Russell	0427 771 821
CEO	Christian	0409 950 884
Volunteer Coordinator	Maureen	0407 600 326

Bike SA office (open 9am-5pm, 7 days)	(08) 8168 9999
Police (non emergency)	131 444

Note there are very limited areas around the Dirty Weekend site with mobile phone coverage, which is also dependent on your carrier (Telstra offers the best coverage). There is no landline telephone on site.

First Aid services are available in the Dirty Weekend Village from professional First Aid providers (Saturday and Sunday only), and from qualified Bike SA personnel (identified with 'first aider' on their ID).

**Site evacuation.** In the event of an emergency site evacuation you should leave your tent and bike and go immediately to the evacuation assembly point at the main Prospect Hill Trailhead carpark. The signal for an emergency site evacuation is a continuous car horn sounded for a minimum of one minute and repeated 15 seconds later. In practical addition instructions will be given over the public address system.

Bike SA personnel will assist you in the event of an emergency evacuation. Please follow their instructions and do not attempt to return to the track or your campsite until you have been advised that it is safe to do so. Emergency procedures have been developed for your safety and the safety of all riders and crew.

FOR MORE INFORMATION ABOUT THE DIRTY WEEKEND GO TO [www.bikesa.asn.au](http://www.bikesa.asn.au) OR CONTACT BIKE SA [office@bikesa.asn.au](mailto:office@bikesa.asn.au)

Details contained above are correct at time of going to print, but are subject to change without notice.