

## BASIC BIKE CARE

### 5.30pm-8.30pm Tuesday evenings

This 3-hour course is designed specifically for those just starting out or who haven't got the bike out the shed for a long, long time!

The course aims to give you the additional knowledge you need to get your bike back onto the road or trail with extra confidence. We aim to provide you a better understanding of the working parts of your bike which will make the retail experience of purchasing accessories, and even a new bike for those newbies, that little bit easier. It's amazing how far a little knowledge goes to help you find the right product at the right price without having to buy it twice.

You will learn how to clean and lubricate the major mechanical working groups of your bike and get the inside story on puncture repair.

Removal and repair examples provided.

### 2019 Dates

Tuesday, January 29  
Tuesday, March 26  
Tuesday, May 28  
Tuesday, July 23  
Tuesday, September 17  
Tuesday, November 15 (ladies only)

### Cost

\$45 Members and \$55 Non Members

## INTERMEDIATE BIKE MAINTENANCE #1 (GEARS & BRAKES)

### 4 Hours on Saturday's

Designed to teach you the everyday skills you need to adjust your bikes gears and brakes and replace the parts of your bike that experience regular wear and tear; this course is for those who know the basics and are ready to extend themselves in a supported environment. We limit class sizes to 10 participants to maximise your learning and structure the course to include content relevant to both road and MTB enthusiasts, as well as everyday riders.

In this course you will learn to: repair, replace and adjust all parts of your braking and gear systems. Please note that hydraulic disc brake bleeding is not covered within this course. Please refer to specific manufacturers instructions for further information on hydraulic brake bleeding.

The skills and information covered in Basic Bike Care are presumed knowledge (the course does not cover puncture repair or other skills taught in Basic Bike Care).

Please book into both parts of the course when booking (at times suitable to you).

### 2019 Dates

Saturday, February 16  
Saturday, May 25  
Saturday, August 17  
Saturday, October 26

### Cost

\$120 Members & \$140 Non Members  
Includes both Intermediate #1 and #2

## INTERMEDIATE BIKE MAINTENANCE #2 (DRIVE SYSTEM AND BEARING OVERVIEW)

### 4 Hours on Saturday's

In this second component of the Intermediate Bike Maintenance course you will learn to:

- Assess the wear in a bicycle drive train system including the chain, cassette and chain rings
- Replace the parts in a bicycles drive train system including the ; chain, cassette and chain rings
- Check a bicycles bearing systems including: headset, bottom bracket and wheel hubs
- Adjust the headset

Please note: It is essential to complete intermediate maintenance course 1: Gears and Brakes before undertaking this course.

### 2019 Dates

Saturday, March 16  
Saturday, June 22  
Saturday, September 14  
Saturday, November 30

### Cost

Not Applicable, Intermediate #2 is included when purchasing Intermediate #1

## ADVANCED BIKE MAINTENANCE

### 9am - 4pm for 3 consecutive Sundays 3 X 7 hour sessions (total 21 hours)

This course is suited to riders who can confidently undertake the regular tuning and cleaning tasks required to keep their bike running but are seeking an in depth knowledge of their bikes anatomy allowing them to, remove, repair, adjust and replace each of the major mechanical working groups.

This detailed course has been prepared for participants who have previous maintenance experience. While this structure is ideal for those participants who have undertaken previous instruction in one of Bicycle SA's other maintenance courses this is not mandatory. This course is also excellent for fleet mechanics or resource managers who would like to maintain their fleet in-house rather than rely on a local bike shop.

Each of the three 8 hour programming days are separated into 2 intensive 3.5 hour workshop sessions and an hour for lunch morning and afternoon breaks.

Individual sessions combine comprehensive group theory instruction and practical demonstrations including tool identification and orientation as well as "exploded" practical examples of all major mechanical working groups.

### 2019 Dates

Course 1  
Sunday, February 3  
Sunday, February 10  
Sunday, February 17

Course 2  
Saturday August 3  
Sunday, August 11  
Sunday, August 18

### Cost

\$250 Members & \$280 Non Member

# BIKE MAINTENANCE COURSES 2019



**BICYCLE SA**  
 53 Carrington Street  
 Adelaide SA 5000  
 Phone +61 8 8168 9999  
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[office@bikesa.asn.au](mailto:office@bikesa.asn.au)  
[www.bikesa.asn.au](http://www.bikesa.asn.au)

TAX INVOICE ABN 65 508 272 584

**COMPLETE DETAILS BELOW AND FAX TO 8168 9988 or EMAIL to [office@bikesa.asn.au](mailto:office@bikesa.asn.au)**  
 Please complete a separate form for each person (photocopies accepted).  
 Please ensure that all information is filled out clearly using block letters.  
 All prices quoted are in Australian dollars.

## PERSONAL DETAILS

TITLE \_\_\_\_\_ SURNAME \_\_\_\_\_  
 FIRST NAME \_\_\_\_\_  
 MALE  FEMALE  DATE OF BIRTH \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 SUBURB \_\_\_\_\_  
 STATE \_\_\_\_\_ POSTCODE \_\_\_\_\_  
 TELEPHONE (HOME) \_\_\_\_\_  
 TELEPHONE (WORK) \_\_\_\_\_  
 TELEPHONE (MOBILE) \_\_\_\_\_  
 EMAIL \_\_\_\_\_  
 EMERGENCY CONTACT NAME \_\_\_\_\_  
 EMERGENCY CONTACT TELEPHONE \_\_\_\_\_

## ARE YOU A BICYCLE SA MEMBER?

YES  MEMBERSHIP NO. \_\_\_\_\_ NO

IF NOT, I WOULD LIKE THE FOLLOWING BICYCLE SA MEMBERSHIP

INDIVIDUAL \$80  INDIVIDUAL CONCESSION \$57   
 HOUSEHOLD \$110\*  HOUSEHOLD CONCESSION \$77\*

\* PLEASE INCLUDE THE NAMES & DATES OF BIRTH OF ALL HOUSEHOLD MEMBERS

## COURSE FEE

**BASIC BIKE CARE** MEMBERS NON-MEMBERS  
 EVENINGS 5.30PM-8.30PM (3HRS) \$45  \$55

YES I WOULD LIKE TO PRE-ORDER MY COPY OF "COMPLETE BICYCLE MAINTENANCE 5TH EDITION" +\$35.00

COURSE DATE: / / 2019

**INTERMEDIATE MAINTENANCE 1** MEMBERS NON-MEMBERS  
 SATURDAYS 9AM-1PM (4HRS) \$120  \$140

YES I WOULD LIKE TO PRE-ORDER MY COPY OF "COMPLETE BICYCLE MAINTENANCE 5TH EDITION" +\$35.00

COURSE DATE: / / 2019 Session 1

COURSE DATE: / / 2019 Session 2

**ADVANCED BIKE MAINTENANCE** MEMBERS NON-MEMBERS  
 SUNDAYS 9AM-4PM (7HRS) X 3 \$250  \$280

YOUR COPY OF "COMPLETE BICYCLE MAINTENANCE 7TH EDITION" IS INCLUDED AT NO CHARGE.

Course Dates: / / 2019 Session 1

: / / 2019 Session 2

## PAYMENT DETAILS

TOTAL - \$ \_\_\_\_\_ ALL PRICES INCLUDE GST

PLEASE MAKE CHEQUE/MONEY ORDER PAYABLE TO BICYCLE SA

## CREDIT CARD DETAILS

VISA  MASTERCARD

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## CARD HOLDER'S NAME

## TERMS & GENERAL INFORMATION

### General Information

The courses are held at Bicycle SA, 53 Carrington Street, Adelaide. There is a maximum of 10, and minimum of 6, people per course. Participants are encouraged to bring their bikes and clothes that can get dirty. Bicycle SA will provide hands-on examples, refreshments and a certificate. A booking confirmation email will be sent to participants approximately 1 week prior to the course date.

### Maintenance Programming Enrolment Terms & Conditions

You must enrol before the course starts. Many courses fill quickly, you may wish to indicate a second date preference in case your first choice is full. Course Outlines are provided only as a guide and may be changed without notice. Bookings are confirmed with full payment. Please choose carefully. Bicycle SA does not provide refunds and will offer an alternative date, once this is accepted no further changes can be made to the booking. Changes can only take place if a cancellation is made 24 hours prior to the course taking place. Bicycle SA cannot accept responsibility for changes in personal circumstances or work commitments. Bicycle SA reserves the right to terminate an enrolment in a course.

## WORKSHOP MANUAL ORDER



Workshop manuals can be pre ordered prior to your participation for collection on your assigned course date.

Manuals are provided for workshop use only for:

- **Basic Bike Care**
- **Intermediate Bike Maintenance #1 and #2**

### Advanced Bike Maintenance Course

participants receive a copy of "complete bicycle maintenance 7th edition" included at no charge. Included in this publication is all the information covered in our maintenance courses and a whole lot more!

The Haynes "Complete Bicycle Maintenance 7th Edition" is the most up to date and easy to understand bicycle maintenance reference available RRP \$40.00.

Manuals can be ordered directly from your course facilitator however please be aware manuals will need to be ordered and freighted so please make allowances for time and an additional postage cost.

**Don't forget to include the course date and if you would like to pre-order your workshop manual!**