

## **Recommended Reading**

To help prepare yourself mentally for the rigours of the ride ahead check out the following publications for some inspiring reading about the Mawson Trail's namesake, Sir Douglas Mawson.

[http://en.wikipedia.org/wiki/Douglas\\_Mawson](http://en.wikipedia.org/wiki/Douglas_Mawson)

**The Home of the Blizzard: A True Story of Antarctic Survival;** by Douglas Mawson  
*"A real hidden gem. One of the great survival and human endurance stories that I have read. This firsthand account provides great detail, emotion, and reflection by the author who was also the survivor."*

**This Accursed Land;** by Lennard Bickel

A fantastic biography of Sir Douglas Mawson's 1912/13 expedition to Antarctica.

*"The author Bickel, an ABC science reporter, brings journalistic brevity and immediacy to the story with startling effect. The result is utterly engrossing and will stay with you for a long time. It's one of the most extraordinary tales of survival you will ever read."*

[http://en.wikipedia.org/wiki/Douglas\\_Mawson](http://en.wikipedia.org/wiki/Douglas_Mawson)

Another important but perhaps lesser recognised Australian adventurer and pioneer of Arctic and Antarctic exploration was Sir (George) Hubert Wilkins. Wilkins was a native of South Australia and the original cottage of his birth at "Netfield" near Mt Bryan has been restored as a memorial. We'll pass by on Day 6 of our adventure.

[http://en.wikipedia.org/wiki/Hubert\\_Wilkins](http://en.wikipedia.org/wiki/Hubert_Wilkins)

Check out **The Last Explorer: Hubert Wilkins, Australia's Unknown Hero;** by Simon Nasht