

VOLUNTEERING

Event Volunteers Needed!

Adelaide – Sunday 20 November 2016

[Click here to register online as a volunteer for Adelaide](#)

If you have any questions please contact Maureen on 08 8168 9999

Those who can, do. Those who can do more, volunteer.

Volunteer your enthusiasm and skills to assist us successfully run Gear Up Girl SA on **Sunday 20 November 2016**.

As a non-profit organisation, Bicycle SA would simply not be able to run cycling events without the help of our volunteers. Their tireless effort given before, during and after the rides is the key to Bicycle SA's continuing success in getting more people riding more often in safer, healthier communities, because *Life is better on a bike*. Volunteering enables us to provide cycling events that are accessible to all.

The benefits of becoming a volunteer are not just for Bicycle SA and the cycling community, but also for the volunteers themselves. Volunteering is a great way to give back to the community and meet a variety of people from all walks of life. You will have fun while putting your skills and experience to good use when you become part of the Bicycle SA crew!

For this we provide every volunteer with the following:

- Refreshments
- Volunteer t-shirt and or hi-viz vest
- Satisfaction and social gratitude of helping others
- Hands on work experience
- References on request
- Pre event briefing and training

Many of our volunteers have been able to develop useful work-related skills. By volunteering you can gain practical experience to help in furthering your career.

Volunteers undertake jobs in all areas of our cycling events from ride marshals to registrations and running refreshment stations.

So why not sign up today and join in on all the fun and excitement of being a Bicycle SA Volunteer!

VOLUNTEERING FAQs

Answers to Volunteers' Frequently Asked Questions (FAQs)

Will it cost me anything to be a volunteer?

It will not cost you anything to become a volunteer. Here at Bicycle SA we value your time and efforts and welcome new and old volunteers to come and join us for a fun day out on a bike.

Can I bring my car?

If you wish to use your car getting to and from the event you are more than welcome, but parking may be restricted.

Can I bring my bike?

Yes! Bicycle SA encourages volunteers to get out on their bike, because we believe that 'Life is better on a bike.' Depending on where you will be volunteering, you may be able to ride to and from that location.

Can I bring a friend?

Yes, please encourage your friends to join as either riders of the event or volunteers, so long as they are registered. Our events are about 'more people cycling more often in safer, healthier communities' and if everyone encourages a friend to get on a bike we can make a difference.

When will I get my uniform?

All the volunteer uniforms, supplies and equipment needed for the day will be provided either at the volunteer briefing, or when you first arrive at your designated meeting point. Your Team Leader will be in charge of supplying you with all of these items.

How many hours am I required to work for?

Bicycle SA tries to minimise hours for all our volunteers where possible. However there may be occasions when we ask you to help us out and put in that extra special effort. Normally on event day volunteers will work between 4-8 hours depending on what job they are given. Breaks will be provided and the aim of the day is for you to have fun and provide a rewarding experience, while performing your duties.

It's a female only event does that mean only females can volunteer?

No, while we're encouraging as many women as possible to fill the roles, volunteering is open to everyone. We need all the help and support we can get so we can put on a fantastic event for all the women involved.

Is food and water provided?

Yes, food and drinks are provided for all our volunteers. However we strongly recommend that all volunteers bring some extra water with them on the day as it can become very hot and exhausting on event day.

When can I take a toilet break?

If you feel the need to take a break all you need to do is inform your Team Leader and make sure it is safe for you to vacate your position for the short period. Team Leaders are encouraged to look after their volunteers and provide breaks to them when needed.

What is the minimum age for a volunteer?

Volunteers must be at least 16 years of age on the first day of volunteering. Those under 18 require parent or guardian consent to apply.

What happens in an emergency?

In an emergency it is important to stay calm. Listen to the instructions from your Team Leader or emergency services and act in a safe and orderly fashion. Report any unsafe and dangerous issues to your Team Leader or appropriate emergency services. Your safety and that of your team members is our main concern, so it is important that you look after yourself and your volunteer team.

Are there shaded areas?

Bicycle SA does its best to provide shade areas for our volunteers, however certain locations do not have adequate shade for our needs, or do not allow us to use shade structures on their sites. Bicycle SA strongly recommends that all volunteers take the appropriate precautions to protect themselves from the sun and when possible stay in shaded areas.

What information and training will I receive?

Bicycle SA will provide you with all the information and training you need to perform your role as a volunteer. If you believe that you have not received adequate training please inform Maureen (Volunteer Coordinator) or Russell (Event Manager) at Bicycle SA and she will do what she can to make you feel confident in your role as a volunteer.

How do I go about volunteering for the event?

To volunteer for our events you will be required to complete a volunteer application form, which can be found on the Bicycle SA website www.bikesa.asn.au or contact our Volunteer Coordinator Maureen Merrick at maureen.merrick@bikesa.asn.au or telephone (08) 8168 9999.

When is the cut off date to registering as a volunteer?

The cut off date for registering as a volunteer for this event is 1 week before the event, 14 November 2014. However, if you are keen to join our team of volunteers after the cut off date, send us your application form and we may still be able to include you in the event.

How long will the event go for?

Gear Up Girl SA will run from the morning to just after lunch. However, preparation and packing down from the event means work starts very early in the morning and finishes late in the afternoon.

Scheduled roles with start and finish times will be published in due course.

Who will I be reporting to on the day?

Come event day your Team Leader will be your first point of contact and will be responsible for assigning you to your position and delegated task. The Team Leader's contact number will be supplied prior to the event day.

Are the volunteer meetings compulsory?

All volunteers must turn up for at least one volunteer meeting. These meetings are set up for your benefit, they are the best chance for you to understand your role, meet your Team Leader, fellow volunteers and other Bicycle SA personnel, and for us to provide you with all the necessary information and training you need to successfully complete your volunteer experience. Even if you have attended previous training and don't feel it is necessary to do again please consider that procedures change with each event and you may miss out on valuable information.

Can I work with my friends?

Yes. If you have friends that are also volunteering let us know on your application form if you'd like to work with them and we'll do our best to arrange that for you.