### Basic Bike Care

**5.30pm-8.30pm Tuesday evenings**

This 3-hour course is designed specifically for those just starting out or who haven't got the bike out the shed for a long, long time!

The course aims to give you the additional knowledge you need to get your bike back onto the road or trail with extra confidence. We aim to provide you a better understanding of the working parts of your bike which will make the retail experience of purchasing accessories, and even a new bike for those newbie’s, that little bit easier. It's amazing how far a little knowledge goes to help you find the right product at the right price without having to buy it twice.

You will learn how to clean and lubricate the major mechanical working groups of your bike and get the inside story on puncture repair.

Removal and repair examples provided

**Dates:**
- Tuesday 31 January 2017
- Tuesday 21 February 2017 (Ladies only)
- Tuesday 28 February 2017
- Tuesday 28 March 2017
- Tuesday 2 May 2017
- Tuesday 15 August 2017
- Tuesday 5 September 2017
- Tuesday 3 October 2017
- Tuesday 31 October 2017 (Ladies Only)

**Cost:**
- $45 Members and $55 Non Members

### Bike Gears and Brakes

**5.30pm-8.30pm Tuesday evenings**

This course is for those riders who feel comfortable with the basics but would like to learn a little more and become more independent.

Learn and practice the skills required to confidently repair, replace and adjust your brakes and gears. Ask those questions your mechanic never has the time to answer. Feel confident that you can make adjustments on the trail or perform that all important pre trip tuning to ensure a perfect ride every time!

Note: Hydraulic disc brake is bleeding is not covered within this course. Please refer to specific manufacturer’s instructions for further information.

Removal and adjustment examples provided

**Dates:**
- Tuesday 7 February 2017
- Tuesday 12 September 2017
- Tuesday 14 November 2017

**Cost:**
- $45 Members & $55 Non Members

### Comprehensive Bike Care

**9am-4pm Saturdays**

This more intensive 6hr course is structured to provide participants with the knowledge and skills necessary to confidently approach the basic scheduled maintenance tasks your bike will require. We include all the information you will need to effectively self diagnose common mechanical issues to ensure you bikes safe and effective operation long term.

All aspects of adjusting, and basic maintenance of derailleur bikes are covered. You will learn the basics of maintaining your bicycle, from simple bearing systems to tune-ups. This course will make you a more self-sufficient cyclist, enabling you to perform most of the common procedures carried out on a day-to-day basis by your local bike shops mechanic.

Do you take your bike to a bike shop and spend more on labour than you do on parts? Why... when you can easily perform these tasks before that big ride yourself? Do it yourself and make sure the job is done right every time!

Removal and adjustment examples provided

**Dates:**
- Saturday 18 February 2017
- Saturday 8 April 2017
- Saturday 17 June 2017
- Saturday 19 August 2017
- Saturday 23 September 2017
- Saturday 28 October 2017
- Saturday 18 November 2017

**Cost:**
- $70 Members & $85 Non Members

### Advanced Bike Maintenance

**9am - 4pm for 3 consecutive Sundays**

This course is suited to riders who can confidently undertake the regular tuning and cleaning tasks required to keep their bike running but are seeking an in depth knowledge of their bikes anatomy allowing them to, remove, repair, adjust and replace each of the major mechanical working groups.

This detailed course has been prepared for participants who have previous maintenance experience. While this structure is ideal for those participants who have undertaken previous instruction in one of Bicycle SA's other maintenance courses this is not mandatory. This course is also excellent for fleet mechanics or resource managers who would like to maintain their fleet in-house rather than rely on a local bike shop.

Each of the three 8 hour programming days are separated into 2 intensive 3.5 hour workshop sessions and an hour for lunch morning and afternoon breaks.

Individual sessions combine comprehensive group theory instruction and practical demonstrations including tool identification and orientation as well as "exploded" practical examples of all major mechanical working groups.

**Dates:**
- Course 1
  - Sunday 29 January 2017
  - Sunday 5 February 2017
  - Sunday 12 February 2017
- Course 2
  - Sunday 18 June 2017
  - Sunday 26 June 2017
  - Sunday 2 July 2017
- Course 3
  - Saturday 16 September 2017
  - Sunday 17 September 2017
  - Sunday 24 September 2017

**Cost:**
- $250 Members & $280 Non Member
BIKE MAINTENANCE COURSES 2017

COMPLETE DETAILS BELOW AND FAX TO 8168 9988 or EMAIL to office@bikesa.asn.au
Please complete a separate form for each person (photocopies accepted).
Please ensure that all information is filled out clearly using block letters.
All prices quoted are in Australian dollars.

PERSONAL DETAILS

<table>
<thead>
<tr>
<th>TITLE</th>
<th>SURNAME</th>
</tr>
</thead>
<tbody>
<tr>
<td>FIRST NAME</td>
<td></td>
</tr>
<tr>
<td>MALE ☐</td>
<td>FEMALE ☐</td>
</tr>
<tr>
<td>DATE OF BIRTH</td>
<td></td>
</tr>
</tbody>
</table>

ADDRESS

<table>
<thead>
<tr>
<th>SUBURB</th>
<th>POSTCODE</th>
</tr>
</thead>
<tbody>
<tr>
<td>STATE</td>
<td></td>
</tr>
<tr>
<td>TELEPHONE (HOME)</td>
<td></td>
</tr>
<tr>
<td>TELEPHONE (WORK)</td>
<td></td>
</tr>
<tr>
<td>TELEPHONE (MOBILE)</td>
<td></td>
</tr>
<tr>
<td>EMAIL</td>
<td></td>
</tr>
<tr>
<td>EMERGENCY CONTACT NAME</td>
<td></td>
</tr>
<tr>
<td>EMERGENCY CONTACT TELEPHONE</td>
<td></td>
</tr>
</tbody>
</table>

ARE YOU A BICYCLE SA MEMBER?

YES ☐ MEMBERSHIP NO. ☐

NO ☐ IF NOT, I WOULD LIKE THE FOLLOWING BICYCLE SA MEMBERSHIP
INDIVIDUAL $80 ☐ INDIVIDUAL CONCESSION $57 ☐
HOUSEHOLD $110* ☐ HOUSEHOLD CONCESSION $77* ☐

* PLEASE INCLUDE THE NAMES & DATES OF BIRTH OF ALL HOUSEHOLD MEMBERS

COURSE FEE

<table>
<thead>
<tr>
<th>BASIC BIKE CARE</th>
<th>MEMBERS NON-MEMBERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>EVENINGS 5.30PM-8.30PM (3HRS)</td>
<td>$45 ☐ $55 ☐</td>
</tr>
<tr>
<td>MEMBERS NON-MEMBER:</td>
<td></td>
</tr>
<tr>
<td>YES I WOULD LIKE TO PRE-ORDER MY COPY OF &quot;COMPLETE BICYCLE MAINTENANCE 5TH EDITION&quot; +$35.00 ☐</td>
<td></td>
</tr>
<tr>
<td>COURSE DATE: / / 2017</td>
<td></td>
</tr>
<tr>
<td>BIKE GEARS &amp; BRAKES</td>
<td>MEMBERS NON-MEMBER:</td>
</tr>
<tr>
<td>EVENINGS 5.30PM-8.30PM (3HRS)</td>
<td>$45 ☐ $55 ☐</td>
</tr>
<tr>
<td>YES I WOULD LIKE TO PRE-ORDER MY COPY OF &quot;COMPLETE BICYCLE MAINTENANCE 5TH EDITION&quot; +$35.00 ☐</td>
<td></td>
</tr>
<tr>
<td>COURSE DATE: / / 2017</td>
<td></td>
</tr>
<tr>
<td>COMPREHENSIVE BIKE CARE</td>
<td>MEMBERS NON-MEMBER:</td>
</tr>
<tr>
<td>SATURDAYS 9AM-4PM (6HRS)</td>
<td>$70 ☐ $85 ☐</td>
</tr>
<tr>
<td>YES I WOULD LIKE TO PRE-ORDER MY COPY OF &quot;COMPLETE BICYCLE MAINTENANCE 5TH EDITION&quot; +$35.00 ☐</td>
<td></td>
</tr>
<tr>
<td>COURSE DATE: / / 2017</td>
<td></td>
</tr>
<tr>
<td>ADVANCED BIKE MAINTENANCE</td>
<td>MEMBERS NON-MEMBERS</td>
</tr>
<tr>
<td>SUNDAYS 9AM-4PM (7HRS) X 3</td>
<td>$250 ☐ $280 ☐</td>
</tr>
<tr>
<td>YOUR COPY OF &quot;COMPLETE BICYCLE MAINTENANCE 5TH EDITION&quot; IS INCLUDED AT NO CHARGE.</td>
<td></td>
</tr>
<tr>
<td>Course Dates: / / 2017 Session 1</td>
<td></td>
</tr>
<tr>
<td>/ / 2017 Session 2</td>
<td></td>
</tr>
<tr>
<td>/ / 2017 Session 3</td>
<td></td>
</tr>
</tbody>
</table>

PAYMENT DETAILS

TOTAL - $ ALL PRICES INCLUDE GST

PLEASE MAKE CHEQUE/MONEY ORDER PAYABLE TO BICYCLE SA

CREDIT CARD DETAILS

☐ VISA ☐ MASTERCARD

CARD HOLDER'S SIGNATURE

CARD HOLDER'S NAME

ARE YOU A BICYCLE SA MEMBER?

YES ☐ MEMBERSHIP NO. ☐

NO ☐ IF NOT, I WOULD LIKE THE FOLLOWING BICYCLE SA MEMBERSHIP
INDIVIDUAL $80 ☐ INDIVIDUAL CONCESSION $57 ☐
HOUSEHOLD $110* ☐ HOUSEHOLD CONCESSION $77* ☐

* PLEASE INCLUDE THE NAMES & DATES OF BIRTH OF ALL HOUSEHOLD MEMBERS

PAYMENT DETAILS

PLEASE MAKE CHEQUE/MONEY ORDER PAYABLE TO BICYCLE SA

CREDIT CARD DETAILS

☐ VISA ☐ MASTERCARD

TOTAL - $ ALL PRICES INCLUDE GST

PLEASE MAKE CHEQUE/MONEY ORDER PAYABLE TO BICYCLE SA

CREDIT CARD DETAILS

☐ VISA ☐ MASTERCARD

CARD HOLDER'S SIGNATURE

CARD HOLDER'S NAME

ARE YOU A BICYCLE SA MEMBER?

YES ☐ MEMBERSHIP NO. ☐

NO ☐ IF NOT, I WOULD LIKE THE FOLLOWING BICYCLE SA MEMBERSHIP
INDIVIDUAL $80 ☐ INDIVIDUAL CONCESSION $57 ☐
HOUSEHOLD $110* ☐ HOUSEHOLD CONCESSION $77* ☐

* PLEASE INCLUDE THE NAMES & DATES OF BIRTH OF ALL HOUSEHOLD MEMBERS

WORKSHOP MANUAL ORDER

Workshop manuals can be pre ordered prior to your participation for collection on your assigned course date.

Manuals are provided for workshop use only for:
- Basic Bike Care
- Bike Gears and Brakes
- Comprehensive Bike Care

Advanced Bike Maintenance Course participants receive a copy of “complete bicycle maintenance 5th edition” included at no charge. Included in this publication is all the information covered in our maintenance courses and a whole lot more!

The Haynes “Complete Bicycle Maintenance 5th Edition” is the most up to date and easy to understand bicycle maintenance reference available RRP $40.00.

Manuals can be ordered directly from your course facilitator however please be aware manuals will need to be ordered and freighted so please make allowances for time and an additional postage cost.

Don’t forget to include the course date and if you would like to pre-order your workshop manual!